

Ontario Society of Occupational Therapists



# Advancing Occupation



*OTs at the Forefront of Health System Change*

*OSOT Conference  
2014*

*September 19 & 20 | Richmond Hill, Ontario*

[www.osot.on.ca](http://www.osot.on.ca)

OSOT Conference 2014 | September 19 & 20  
Richmond Hill, Ontario

# Advancing Occupation

OTs at the Forefront of Health System Change

We invite you to join us for...

## OSOT Conference 2014

36 Workshops  
29 Poster Presentations  
A Vibrant Exhibit Hall  
... Plus Much More!

We know you're busy juggling the many demands of life that each day brings – so why not take a moment ... in fact take a few days ... to think about what inspires you in your profession? With the current state of healthcare we're constantly challenged to do more with less and to root our decisions in evidence informed practice. Increasingly we're being asked to shift our focus to outcomes based on function – a philosophy already at the very core of our profession. Occupational therapists are optimally positioned to be motivators, leaders, and innovative contributors to our rapidly evolving health care system.

Let us seize the opportunity to demonstrate the value of occupational therapy services to the well-being of our clients, to our communities and to our policy makers and funders! This is our time to shine! This year's conference theme – **Advancing Occupation: OTs at the Forefront of Health System Change**, reflects our passion for and commitment to our profession and the health and well-being of Ontarians. It challenges us to act upon our passions, to be the change agents and leaders we can be.

Join us and be inspired! Take the opportunity to enhance your knowledge and skills, to learn from leaders within and outside of our profession, and to relax, have fun, network with friends & colleagues, and escape the juggling act.

*See you there! – Your Conference Planning Team*

Allison Rinne OT Reg. (Ont.), Allyson Weldon OT Reg. (Ont.), Colleen Kuhlmann OT Reg. (Ont.), Emily Stairs OT Reg. (Ont.), Harsha Babani OT Reg. (Ont.), Myrene Lychek OT Reg. (Ont.), Nadia Abdel-Hafez OT Reg. (Ont.), Christie Brenchley OT Reg. (Ont.), Seema Sindwani OT Reg. (Ont.)

## ATTENTION STUDENTS & NEW GRADUATES

*For the first time this year – OSOT is pleased to offer a day specifically designed for you!*

**Join us on Saturday, September 20th for an exciting day including:**

Plenary speaker presentation; *Speed Mentoring – Learn, Network & Enjoy!* A fun and educational opportunity to network with OT leaders! - see page 3; *Lunch in the Exhibit Hall with Learning Labs!*; and a *Student/New Graduate Panel – You've Graduated ... NOW WHAT!?* This expert panel will provide you with valuable information and tips that you need to be successful in today's competitive marketplace! *We hope you'll join us!* – for more information review page 18 for complete workshop sessions.

**If you are a STUDENT or 2014 GRADUATE  
you can register at a fee of only \$90 + HST!**

**Attending is easy ...**

- **Friday OR Saturday only** – choose the student daily rate\*
- **Saturday Student/New Grad Stream only** – choose \$90 + HST
- **Friday AND Saturday Student/New Grad Stream** – choose the Friday student daily rate\* PLUS \$90 + HST
- **Full Conference only (select from workshop program)** – choose the student full conference rate\*

\* See page 21 for all conference rates





## Opening Ceremonies Friday 8:45 am – 9:00 am



Join the OSOT Conference 2014 Planning Team at the Opening Ceremonies on Friday morning at the Sheraton Parkway Toronto North! Let us welcome you to Conference 2014 in Richmond Hill, Ontario and all they have to offer. A perfect launch to a perfect conference experience!

## Keynote Presentation Friday 9:00 am – 10:00 am



**Glen Gillen** EdD, OTR, FAOTA

Associate Director & Associate Professor of Rehabilitation and Regenerative Medicine (Occupational Therapy) at Columbia University Medical Centre

### A Fork in the Road: An Occupational Hazard? Revisited

This keynote will explore contemporary evidence-based practice in relation to our historical roots and growth as a profession. It will trace our profession's voyage away from and return to authentic occupation-based therapy. Lessons we have learned and mistakes we have made on this voyage give us the potential to become the art and science driven and evidence-based profession we strive to be.

## Plenary Presentation Saturday 9:00 am – 10:00 am



**Dr. Samir Sinha** MD, DPhil, FRCP

Director of Geriatrics, Mount Sinai and the University Health Network Hospitals, Provincial Lead, Ontario's Seniors Strategy

### What Roles Should OTs Play in Advancing the Care of Older Ontarians?

Ontario's coming of age is creating new challenges and opportunities for our overall healthcare system. With growing numbers of people with chronic and often inter-related health and social care issues – the way we approach the overall health and well-being of our population is being challenged. Understanding the associated human resources needs will be essential to moving forward. More specifically it needs to be clear what value OTs will be able to bring to addressing the challenges and opportunities caring for an aging population.

## AGM Luncheon Friday 12:00 pm – 1:30 pm

Celebrate the accomplishments of the Society in the past year; learn of our challenges, visions and plans. The Annual General Meeting is kept brief but informative and offers an opportunity for a short members' forum. This luncheon is included in your conference registration. OSOT members not attending the conference may attend the AGM portion without charge. The meeting is scheduled for 12:45 – 1:30 pm. Members not attending the conference but wishing to enjoy the AGM luncheon may select this option on the Registration Form for a cost of \$50.

## Exhibit Hall Reception Friday 5:00 pm – 7:00 pm

Enjoy an evening of socializing with colleagues and networking with vendors and exhibiting organizations! Join us for the official opening of the Exhibit Hall and let the festive occasion be an early start to October's OT Month celebrations!

## Exhibit Hall and Learning Labs

Along with you as our delegates, our exhibitors are an integral part of the ongoing success of OSOT conferences. With over 40 booths, all profiling products and services to support you in your practice ... and offering some great giveaways and prizes too – we're proud to host them and provide this opportunity to enhance your learning and overall conference experience. Enjoy your Saturday refreshment break and meals while engaging with exhibitors and colleagues alike. While touring the exhibit hall, why not take part in the Learning Labs being offered? There are educational demonstrations and presentations on popular products and services that you will find useful and interesting!

## Friday Evening Social Event 7:15 pm – 11:00 pm

### Advance to the Alley... OTs Compete at World Bowl!

Make Friday evening a chance to unwind and advance your own occupation. Just down the 'lane' from The Sheraton – *your conference headquarters* – we know you'll have a 'ball' at World Bowl! Join in the fun, friendly competition that exercises that awesome OT spirit and 'strike' your way to a championship. Or, feel free to take a spectator seat while enjoying some great food, good music and terrific company. After a full day of inspiring workshops, knocking down some 'pins' is an entertaining way to relax and bring a great day to a close. Your social fee includes: bowling, food & transportation (a 5 minute bus ride!) to and from the alley.

*'Roll' on over to the Alley – we look forward to welcoming you there!*

When completing your registration form please indicate in the summary box whether:

*'advancing to the alley'*

OR

*'good food and conversation is more my thing'*

Tickets \$35.00 per person





## FRIDAY September 19

**8:00 am Registration & Breakfast**

**8:45 am Opening Ceremonies**

**9:00 am Keynote Speaker | Glen Gillen**  
**A Fork in the Road: An Occupational Hazard? Revisited**

**10:00 am** Networking Break & Refreshments

**10:30 am Morning Workshops 1A - 1G**

- 1A Consent and Capacity Law
- 1B Making School Based Occupational Therapy Teacher Friendly
- 1C OTs On a Mission to Make the Invisible Effects of Mild to Moderate Brain Disorders on Function VISIBLE Through Neuro-Functional Assessment
- 1D Changes in the Field of Seating and Mobility
- 1E Driving in Ontario & the Medical Review Process: A Focus on Facts
- 1F What's New in the Assessment of Chronic Pain?
- 1G Foundations for Success in Fieldwork Education

**12:00 pm Lunch and OSOT AGM**

**1:30 pm Afternoon Workshops 2A - 2G**

- 2A Best Practices in Responsive Behaviours: Just add OT for Even Better Practices — *this workshop continues at 3:15 pm (3A)*
- 2B Transition to Adulthood for Adolescents with ASD: An Innovative Approach
- 2C Into the Community with the "I CAN" Assessment of Executive Functioning
- 2D The OT & Vendor Partnership – Let's Talk About How We Can Best Work Together
- 2E Fitness-To-Drive Screening Measure for At-Risk Older Drivers
- 2F Social Media Use for Occupational Therapists: Pause Before You Post
- 2G Assisting Suicide – Could it be Part of Client-Centred OT Practice? — *this workshop continues at 3:15 pm (3G)*

**3:00 pm Networking Break**

**3:15 pm Afternoon Workshops 3A - 3G**

- 3A Best Practices in Responsive Behaviours: Just add OT for Even Better Practices — *2A continued*
- 3B Widening Our Occupational Lens – Opportunities for Paediatric OTs
- 3C Using the CO-OP Approach for Adults and Older Adults with Executive Cognitive Impairments
- 3D Into the ICU... Advancing the Role of Occupational Therapy
- 3E Improving the Patient Experience through Innovative Rehabilitation Programming and Leadership
- 3F Implementing the "Team Approach" Cost Effectively Under the SABS
- 3G Assisting Suicide – Could it be Part of Client-Centred OT Practice? — *2G continued*

**5:00 pm Exhibit Hall Reception / Poster Viewing**

**7:15 pm Friday Evening Social Event**

## SATURDAY September 20

**8:00 am Breakfast in Exhibit Hall & Poster Viewing**

**9:00 am Plenary Presentation | Dr. Samir Sinha**  
**What Roles Should OTs Play in Advancing the Care of Older Ontarians?**

**10:00 am Networking Break & Refreshments**

**10:30 am Morning Workshops 4A - 4F**

- 4A Rapid Podium Panel: 'Strategy Session' with Dr. Sinha
- 4B 2014 SABS Update – What's all the Buzz for OTs in the Auto Sector?! — *this workshop continues at 1:30 pm (5B)*
- 4C Sexual Healing: Addressing Sexuality in Person – Centred Care
- 4D A True Team Approach: OTs as OTA/PTA Supervisors
- 4E Management of Arthritis of the Hand: A Practical Approach — *this workshop continues at 1:30 pm (5E)*
- 4F Assessing Seating and Mobility in the Community: How to Meet the Challenges

**Student/New Graduate Stream**

Speed Mentoring: Learn, Network and Enjoy!

**12:00 pm Lunch in the Exhibit Hall / Poster Viewing / Learning Labs**

**1:30 pm Afternoon Workshops 5A - 5F**

- 5A Occupational Therapy in Family Health Teams: Aligning with the Ontario Seniors Strategy Now and Into the Future — *this workshop continues at 3:15 pm (6A)*
- 5B 2014 SABS Update – What's all the Buzz for OTs in the Auto Sector?! — *4B continued*
- 5C Occupational Therapy and Organizational Change: Insights Gained in Pursuing a Non-Traditional Role
- 5D Advancing OT: Being a Leader in Lymphedema Care
- 5E Management of Arthritis of the Hand: A Practical Approach — *4E continued*
- 5F The Rehabilitative Care Alliance: Implications for Providers of Care

**Student/New Graduate Stream**

Panel: You've Graduated... NOW WHAT!?

**3:00 pm Networking Break & Refreshments**

**3:15 pm Afternoon Workshops 6A - 6F**

- 6A Occupational Therapy in Family Health Teams: Aligning with the Ontario Seniors Strategy Now and Into the Future — *5A continued*
- 6B Best Practice in Protecting YOU and Your Reports
- 6C Doing More with Less: Identifying Burnout & Compassion Fatigue Risks for the OT
- 6D Leading Organizational Change in Position: Implementing Client Centred Care Best Practices
- 6E Driving Health System Change: How Can Occupational Therapy Contribute?
- 6F Low Vision Services: What is Available for My Client and What Occupational Therapy Can Provide

**Student/New Graduate Stream**

Panel: You've Graduated ... NOW WHAT!?

**4:45 pm Closing Ceremonies and Lucky Draw & Prizes**



**1A Consent and Capacity Law****Jane E. Meadus** B.A., LL.B. – Advocacy Centre for the Elderly

This workshop will aim to provide an overview of consent and capacity law in Ontario, including relevant sections of the Health Care Consent Act, Substitute Decision Act, and the Long-Term Care Homes Act, with reference specifically to treatment and admission to long-term care homes. Target audience: all OTs or other regulated health professionals who provide treatment, as well as those who evaluate capacity to consent to admission to a long-term care home. **OBJECTIVES:** participants will be able to understand and apply the relevant sections of the legislation, as well as be familiar with relevant case law pertaining to the Health Care Consent Act.

**1B Making School-Based OT Teacher Friendly****Debra Kennedy** OT Reg. (Ont.) – York District School Board

To be effective in school-based occupational therapy, which is imbedded within the education system, OTs must be familiar with the perspective of educators. School programs are shaped by the Ontario Ministry of Education and OT recommendations will be most effective when built upon a foundation that is familiar to educators, i.e. linked to Ministry of Education initiatives and resources. This session will introduce participants to current initiatives and resources from the Ontario Ministry of Education. **OBJECTIVES:** participants will become familiar with resources provided by the Ontario Ministry of Education (MOE) that have relevance to occupational therapists and will explore knowledge translation and utilizing MOE resources to develop suggestions and recommendations that will be readily used by educators.

**1C OTs On a Mission to Make the Invisible Effects of Mild to Moderate Brain Disorders on Function VISIBLE Through Neuro-Functional Assessment****Tracy Milner** MCISc(OT), OT Reg. (Ont.) – Brain FX

1 in 3 people will sustain a brain disorder over the course of their lifetime (Neuroscience Canada). This can include brain injury, stroke, mental illness, dementia and other neurodegenerative diseases. Occupational therapists are in a unique position in healthcare to understand that impairments do not always equal disability, and that disability which prevents engagement in meaningful occupation is in most need of intervention. Through neuro-functional assessment we can better understand the cognitive, psychological, social, and physical effects of brain disorders. This presentation will describe where neuro-functional assessment can provide value, demonstrate how OTs can take a lead in this area of health care and provide examples of OT experiences. In addition, the presenter will discuss insights by research collaborators learned through studies of data from the Living Brain Bank, a research database which collects neuro-functional assessment information. **OBJECTIVES:** participants will understand the value OT can bring to practice in the area of brain disorders with the use of neuro-functional assessment, learn from the experience of OTs who are practicing in this area, and gain knowledge in the areas of neuro-function that are affected by mild to moderate brain disorders based on research.

**1D Changes in the Field of Seating and Mobility****Andree Gauthier** OT Reg. (Ont.) – Lyndhurst Centre

The field of seating and mobility is in a constant state of change due to new technologies, economical restraints, and the development of leading edge assessment and intervention resources. Best practices are now well defined and being applied in the clinical setting. This workshop will focus on the use of these new resources and how valuable they are to the clinician working in the area of seating and mobility. Emphasis will be placed on familiarizing clinicians with these new resources, demonstrating how to use them and how to apply them to practice. **OBJECTIVES:** participants will become familiar with three new best practice resources in the field of seating and mobility, learn how to apply the principles and strategies of seating and mobility best practices, and will review the professional responsibilities and requirements of therapists working in seating and mobility. It will be discussed and how this tool will dramatically change the assessment of chronic pain.

*see next page for workshops  
1E – 1G*

**1E Driving in Ontario and the Medical Review Process: A Focus on Facts**

**Shah Baqar** OT Reg. (Ont.) – Saint Elizabeth Health Care | **Brenda Vrkljan** PhD, OT Reg. (Ont.) – McMaster University | **Nelle Marie Hyde** OT Reg. (Ont.), CDRS – Saint Elizabeth Health Care

Given the relationship between community mobility, driving, in particular, and quality of life, clinicians can and should be addressing this occupational issue in their practice. However, to do so, there needs to be an understanding of the 'system' in Ontario when it comes to medical risk and driving. For example, the license renewal process for those aged 80 and over has recently changed to include certain screening tools. Similar to family physicians and nurse practitioners, frontline 'generalists' are the gatekeepers of the medical review process when it comes to licensing. Generalists comprise the majority of occupational therapists who work in various practice contexts, from family health teams to private community care. This workshop will help you to answer such questions as: How do you know when to refer someone for a comprehensive driving evaluation (CDE)? What does such an evaluation entail? What is the cost? Many questions can arise with our clients! **OBJECTIVES:** participants will gain an overview of the 'system' using case examples to illustrate the knowledge and know-how of occupational therapists at each tier of expertise when it comes to addressing medical fitness to drive, and will learn of emerging opportunities for our profession with regard to health promotion.

**1F What's New in the Assessment of Chronic Pain?**

**Angela Fleming** B.Sc. OT Reg. (Ont.) | **Dr. Rhonda Nemeth** Ph.D., C.Psych. – Mount Sinai Hospital | **David Corey** PhD – Health Recovery Group

Extensive inter-disciplinary research has concluded that chronic pain in and of itself does not result in changes in cognitive status. A recent pilot study done by occupational therapists in the use of performance validity measures during cognitive screening within the medical-legal realm found high levels of failure, including amongst those with chronic pain. The need to ensure validity of occupational therapy objective measures will be discussed, including interactive case studies. With the introduction of the DSM-V, psychological symptoms of distress associated with medical issues and pain are now classified differently as compared to how they were classified in the DSM-IV. **OBJECTIVES:** new categories will be presented, contrasted with the old, and a discussion of any impact changes may have on medical-legal issues. As the multi-axial system (including the GAF score) has been done away with in the DSM-V, options will be discussed for communicating a claimant's overall psychological functioning using DSM-V and other criteria. Since pain is a purely subjective experience, we need biomarkers to help us establish the validity of a person's pain complaint, and this is especially true in chronic pain. Neuro-imaging technology such as functional MRI (fMRI) holds the promise that in the near future we will be able to document the brain changes that occur in the chronic pain sufferer. The current status of the research will be discussed and how this tool will dramatically change the assessment of chronic pain.

**1G Foundations for Success in Fieldwork Education**

**Donna Barker** MSc, B.Sc., OT Reg. (Ont.) – University of Toronto | **Susanne Murphy** MSc, OT Reg. (Ont.) – Queens University | **Ann Bossers** MEd, OT Reg. (Ont.) – Western University | **Lorie Shimmell** MSc., BHScOT., OT Reg. (Ont.) – McMaster University | **Marie-Claude Rouleau** MHSc.OT, OT Reg. (Ont.) – University of Ottawa

This session will provide an overview of the creation of an optimum fieldwork environment for the student and preceptor through a discussion of pre-placement planning for the student experience, examination of the characteristics of an effective preceptor, and a review of methods of effective communication between student and preceptor. Expectations and evaluation of student competency development will also be explored in relation to the various student placement levels. **OBJECTIVES:** practical strategies to create an optimal environment for fieldwork teaching and learning, an understanding of the importance of pre-placement planning and effective communication methods, and an understanding of expectations and evaluation of student competency development in relation to the various fieldwork placement levels.

**Afternoon Workshops | 2A – 2G**

1:30 pm – 3:00 pm

**2A\* Best Practices in Responsive Behaviours: Just add OT for Even Better Practices****Heather McDonald** M.Sc. OT, OT Reg. (Ont.) – St. Michael's Hospital | **Emma Saltmarche** MSc OT Reg. (Ont.) – Baycrest Centre

Responsive behaviours create challenges in maximizing quality of life for clients and caregivers alike across the health care continuum. When individuals with neurocognitive impairments demonstrate behaviours such as aggression, refusal of care, repeated questions, and restlessness, both formal and informal caregivers can perceive these behaviours as challenging. In this presentation, we will instead consider behaviours as a meaningful way for people with neurocognitive impairments to express themselves and their needs. This concept that all behavior has a meaning should resonate with OTs. By sharing best practices and participant experiences, the key theme of the workshop will be to promote discussion about the key OT assessment and enablement skills that position OTs to be leaders in working with this population within a variety of clinical settings. **OBJECTIVES:** participants will (1) develop an understanding of some of the key theoretical frameworks and concepts relating to the emergence and management of responsive behaviours in individuals with neurocognitive impairments, such as personhood and unmet needs; (2) learn creative and comprehensive behavioural assessment strategies with a focus on person, occupation, and environment factors; and (3) learn about compassionate and effective non-pharmacological intervention strategies to reduce or prevent responsive behaviours. This interactive presentation will emphasize working with individuals with responsive behaviours with approaches that convey dignity and respect through the entire practice process. While case examples will focus on LTC, the core assessment and enablement skills are transferable across practice areas. Participants will leave the session inspired to implement practice changes, and act as leaders to find opportunities to improve the care for people living with neurocognitive impairments.

**\*This 3 hour workshop continues at 3:15 pm – Delegates must also register for Workshop 3A****2B Transition to Adulthood for Adolescents with ASD: An Innovative Approach****Kaitly Grain** PhD Candidate 2014, MSc, OT Reg. (Ont.) – Western University | **Angie Mandich** PhD, OT Reg. (Ont.) – Western University**Jessie Wilson** PhD Candidate 2014, MSc, OT Reg. (Ont.) – Western University

Autism Spectrum Disorders (ASDs) pervade every aspect of an individual's life, having significant adverse effects on one's day-to-day functioning. Summer programs can provide an excellent opportunity for individuals with ASD to engage in fun and meaningful activities, while developing their skills across a variety of self-care, productivity and leisure domains. Currently, the availability of such programs often ends at age 16, leaving adolescents and young adults with limited opportunities. This workshop is designed to provide OTs with a feasible and innovative approach to the treatment of adolescents and young adults with ASD. Using the Cognitive Orientation to Daily Occupational Performance (CO-OP) approach in conjunction with concept-mapping, this summer program focused on improving the activities of daily living (ADLs) of 10 adolescents and young adults (ages 15-21) with a diagnosis of ASD. A group approach to intervention was highlighted in addition to the use of iPad technology to create a sustainable framework for community-based occupational therapy treatment. All participants were assessed pre and post intervention, using the Canadian Occupational Performance Measure (COPM), Vineland (VABS) and the Performance Quality Rating Scale (PQRS). Following the summer program participants improved their independence and performance in the three ADL goals selected and demonstrated a positive change across all areas of occupational performance. **OBJECTIVES:** participants will learn about a feasible and innovative framework for the treatment and community integration of adolescents and young adults with ASD, plan how to utilize elements of the described camp into their daily OT practice settings and enhance their knowledge surrounding the CO-OP approach, concept mapping, and group intervention with adolescents and young adults with ASD.

*see next page for workshops  
2C - 2G*

**2C Into the Community with the “I CAN” Assessment of Executive Functioning**

Leslie Birkett B.Sc. OT, OT Reg. (Ont.) | Deidre Sperry M.Sc., S-LP (C)

The assessment of executive functioning has become a topic of vibrant debate. Traditionally, the assessment of executive functioning is undertaken in a clinic, is assessor driven, and involves various pen and paper tasks. However, it is widely known that these assessments are not ecologically valid and do not allow clinicians to reliably predict functioning in the real world; a critical concern for occupational therapists. As such, the evolving direction of the evaluation of executive function includes the use of real world performance based tools. The I CAN was developed as an innovative means to bring ecological validity to the assessment of executive functions. It provides an individualized and hierarchical method to systematically analyze a person's ability to utilize functions necessary to navigate complex environments. The I CAN has been shown to be a promising method for clinicians to assess executive functioning in a manner that involves integrating novel and complex daily life tasks. **OBJECTIVES:** participants will gain an enhanced knowledge of ecological validity in the assessment of executive functioning, enhance their knowledge of current best practice in the assessment of executive functioning and, will enhance their ability to develop functional and meaningful treatment goals.

**2D The OT & Vendor Partnership: Let's Talk About How We Can Best Work Together**

Cathi Tan – Retired Occupational Therapist | Shereza Yusuf – Shopper's Home Healthcare |

Linda Norton OT Reg. (Ont.), MScCH – Shopper's Home Healthcare

This unique workshop will share the results of an informal survey in which therapists and vendors were asked to comment on their working relationship. **OBJECTIVES:** participants will learn how their own practices may be perceived by others, will be challenged to potentially re-think their practices and will gain strategies to apply to their own relationships with vendors. As part of this workshop we will also hear from vendors who will share strategies on: how to best utilize the resources of a vendor, how the vendor can contribute to the assessment of equipment and what role the vendor plays in assisting the therapist in assessing the client's needs.

**2E Fitness-To-Drive Screening Measure for At-Risk Older Drivers**

Sherrilene Classen PhD, MPH, OTR/L – Western University | Carly Meyer BHK (Hons.) – Western University |

Chien Heng Chen BSc – Western University | Peter Ferreira BSc (Hons.) – Western University |

Amy Nywening BHSc – Western University

With the aging Baby Boomers in North America, older drivers who are unfit to drive must be identified. Occupational therapists who can make unique contributions to screening and evaluation of the at-risk driver often feel underprepared to do so (Schold-Davis & Dickerson, 2012). The newly developed, free of charge, web based, Fitness-to-Drive Screening Measure (FTDS) with empirically supported validity and reliability, is completed by a caregiver of the driver, scored on-line, and provides a risk profile and a set of recommendations to clarify follow-up steps. Recent field studies suggest that the OT generalist is better equipped in making fitness-to-drive determinations when using this tool. The presenter will report the psychometrics of the FTDS and demonstrate its clinical utility. The presentation includes an overview of the FTDS's psychometric properties, the on-line scoring algorithm, and the driver's risk profile and accompanying recommendations. Via case studies we will facilitate the clinical reasoning skills of the OTs, and via group discussion we will clarify questions about the clinical utility of the FTDS. **OBJECTIVES:** to empower OTs to use an evidence-based screening tool to detect at-risk older drivers, to identify an entry point for interventions, and/or to proceed with referrals to a driving rehabilitation specialist or other health-care professionals.

see next page for workshops  
2F - 2G



**2F Social Media Use for Occupational Therapists: Pause Before You Post****Anita Jacobson** B.O.T., M.Ed., OT Reg. (Ont.) – College of Occupational Therapists of Ontario

Social media has changed the way people build relationships, communicate, interact, gather and disseminate information. Social media use in healthcare is growing along with a constant and continual evolution of new tools and products. Some organizations have developed policies for staff using social media. More regulated health professionals, including occupational therapists, are using social media than ever before. While the use of social media in occupational therapy practice comes with benefits, there are also increased risks to the public, concerns about potential liabilities, and potential damage to organizations' and individuals' reputations. For the purpose of this presentation the popular social media vehicles being used in healthcare include Facebook, Twitter, YouTube, LinkedIn, and blogs. We will discuss the benefits and risks of which occupational therapists should be aware, in order to assist them in their use of social media in a safe and ethical manner. **OBJECTIVES:** participants will have a basic understanding of the risks and benefits of using social media in their OT practice and personal lives, participants will consider the principles and ethical considerations of using social media in their OT practice, appreciate how the use of social media may impact their professional and personal reputation and will learn the importance of reflection and judgement in their decision to use social media professionally and personally.

**2G\* Assisting Suicide – Could it be Part of Client-Centred OT Practice?****Kevin Reel** Ethicist, MSc, BSc(OT), OT Reg. (Ont.) – Southlake Regional Health Centre

Recent events, from a courtroom in British Columbia, to the halls of the provincial government in Quebec, bring the possibility of legal assisted suicide in Canada closer to reality. While typically framed as 'physician assisted suicide', there may be further option for who might be involved in assisting a person to die when they deem that best for themselves. As a consumer driven change in law, policy and practice, this emerging 'treatment' requires a change in how OTs think about their enabling role. OTs also need to prepare themselves for the possibility that they may be part of a treatment team planning to fulfil a client's goal for this final enablement. This workshop will review the ethical issues surrounding assisted suicide and discuss how occupational therapists could see this as part of client-centred practice. Beginning with an overview of the high profile case of Gloria Taylor, and the recommendations of the Quebec commission on dying with dignity, the session will then use an interactive approach to consider the participants' own values-based perspective on assisted suicide. Through facilitated deliberation, participants will examine personal and professional reactions to the realistic possibility of assisting suicide, and the prospect of conscientious objection to such involvement. Throughout the workshop, recognition of the sensitivity of the subject and respect for the diversity of perspectives shared will be expected from all participants. **OBJECTIVES:** using a dual model of progressive development and involvement, this workshop will assist practitioners to explore their own feelings toward assisted suicide with client stories, information resources and reflective deliberation tools in order to identify their own scope, competence and limitations in supporting others navigating this morally complex issue.

**\*This 3 hour workshop continues at 3:15 pm – Delegates must also register for Workshop 3G****OSOT RESEARCH FUND 3rd ANNUAL SILENT AUCTION**

Plan to participate in this profession-supporting popular event hosted over the course of the conference.

You'll want to be the top bidder on the amazing array of items – gorgeous handmade crafts, hotel packages, gift certificates, tickets for sporting events, theatre shows and more!

*You'll be supporting OT Research in Ontario while having lots of fun!*

**WHY NOT DONATE AN ITEM TO THE AUCTION?**

View the [Silent Auction Donation Form](#)

For more information contact: **Kymerley Trumper** at [ktrumper@osot.on.ca](mailto:ktrumper@osot.on.ca)

**3A\*** Best Practices in Responsive Behaviours: Just add OT for Even Better Practices — *continued*

\*Delegates must also register for **WORKSHOP 2A**

**3B** Widening Our Occupational Lens – Opportunities for Paediatric OTs

**Donna Dennis** OT Reg. (Ont.) – Western University

Two groups of Western University students and this presenter recently conducted systematic reviews that focussed on child and youth-related literature. The results of these two studies have implications both within our profession as well as outside our profession. The first project explored occupational therapy literature that focussed on functional impairments related to mental health disorders in the child and youth population and the second project explored the effectiveness and nature of rehabilitation programs being offered to youth in the justice system. In addition to discussing the results of these studies and their implications for informing future OT practice - an interactive component of this workshop will allow for discussion of findings and next steps for therapists interested in becoming involved as change agents. **OBJECTIVES:** participants will gain insight into the need to generate more evidence of occupational dysfunction for children and youth with serious mental health disorders and insight into the undeveloped role of occupational therapy rehabilitation services for youth in the justice system.

**3C** Using the CO-OP Approach for Adults and Older Adults with Executive Cognitive Impairments

**Deirdre R. Dawson** PhD, OT Reg. (Ont.) – University of Toronto

Few treatments for adults and older adults with executive cognitive impairments have demonstrated efficacy with respect to real-world functional outcomes. The Cognitive Orientation to daily Occupational Performance (CO-OP) treatment approach is a complex rehabilitation approach that integrates learning theory with cognitive strategy use and other therapeutic techniques to improve functional, personally-meaningful activities or skills. While the approach was originally designed for use with children with developmental coordination disorder, great success with that population led to its use with other populations including use with adult populations such as stroke, traumatic brain injury (TBI), schizophrenia and older adults with age-related cognitive changes. In this workshop, we will review the nature of executive cognitive impairments, describe the CO-OP treatment approach, and report on preliminary evidence for its use with various populations. **OBJECTIVES:** participants will be able to discuss the importance of executive control processes in rehabilitation, understand the importance of translating rehabilitation in a clinic to meaningful real-world change and evaluate the efficacy and clinical relevance of the CO-OP approach to management of executive control deficits.

**3D** Into the ICU... Advancing the Role of Occupational Therapy

**Harsha Babani** OT Reg. (Ont.) – St. Michael's Hospital | **Leah Schwartz** MSc, PT – St. Michael's Hospital

Research has shown that early occupational therapy and physical therapy interventions in critically ill patients are feasible and safe, and result in increased ventilator-free days, decreased duration of delirium, improved functional outcomes at hospital discharge and decreased length of ICU and hospital stay. Despite these benefits, many ICUs lack necessary resources to implement early mobility. This workshop will present two case studies that demonstrate the importance of inter-professional collaboration between OT and PT in promoting best patient outcomes in the ICU setting. Integration of meaningful activity into treatment sessions serves to compliment early mobility interventions. The first case study demonstrates the impact of early mobility and sensory stimulation on neurological recovery. The second case study demonstrates the feasibility and benefit of ongoing PT and OT intervention in a medically complex patient with multiple extended ICU stays. Following small group discussions on both cases, the workshop presenters will provide specific examples of treatment interventions used, strategies to advocate for early OT and PT involvement and invite participants to share their experience. **OBJECTIVES:** participants will learn how OTs can advocate for allocated service in the ICU setting, understand the importance of early OT and PT intervention and identify strategies to advance the role of OT in the ICU setting.

*see next page for workshops*

**3E - 3G**

**3E Improving the Patient Experience Through Innovative Rehabilitation Programming and Leadership**

**Carey Lucki** OT Reg. (Ont.), MBA (Cand.) – Mississauga-Halton CCAC | **David Fry** BSc OT Reg. (Ont.), MHSc – Mississauga Halton CCAC

In August 2013, the Ministry of Health & Long Term Care, as part of their strategy to improve coordinated access to care and support seniors to stay at home longer, invested substantially in Community Care Access Centres to be the single point of access for in-home physiotherapy. This investment has helped to bring about broader work regarding the value of rehabilitation for home and community care. This presentation will highlight how one CCAC identified rehabilitation as a key area of focus for patient care programming and outcomes focused care. With both the VP of Patient Care and the Program Manager having occupational therapy backgrounds, the landscape for best practice, and leading edge care models were set in motion and alignment was created with the organization's strategic plan. The emphasis on quality patient care and the importance of rehabilitation and integrated teams led to the development of several different program initiatives within the patient care portfolio which will be identified. Our successes, challenges and key learning along the way will be shared and discussed. This presentation will also highlight the integral roles OTs can play and the importance of strategic leadership and influence to identify opportunities and act on them within the ever changing health care sector. **OBJECTIVES:** participants will gain a better understanding of leadership and the importance of OT scope and decision making at this level, participants will learn about early lessons and results on how integrated teams provide better outcomes for specific patient populations, and will be knowledgeable in the key components of successful rehabilitation programming, particularly in the community sector.

**3F Implementing the “Team Approach” Cost Effectively Under the SABs**

**Rhona Feldt-Stein** Hon BSc. (OT) Reg. Ont. – York Pediatric Therapy Services Inc. | **Kathleen Arnold** M.Sc, S-LP(C), Reg. CASLPO, Speech Language Pathologist | **Cheryl Button** M.ADS – Genesis Community Rehabilitation, Inc.

In this 'new day and age' of the SABs and decreased funding, it is difficult to ensure that your client will be able to obtain all the med-rehab services they will need. As professionals we are continually developing and implementing strategies for our clients that will not only address their current issue(s) and situation(s) but will also be of maximum benefit to them in the future. This is vitally important, particularly when working with children as they have their whole lives ahead of them. This team, consisting of an occupational therapist, a speech-language pathologist and a rehabilitation support worker, will share their 'team approach' using a real client profile to demonstrate how to maximize the med-rehab dollars for the 'patient good.' This presentation will describe how the team pooled their expertise and experience to generate strategies that optimized the client's treatment. This was vital given the magnitude of issues/dilemmas the client experienced as a result of her brain injury at the age of two. This presentation will take the audience through each step of the process and demonstrate how decisions were made based on the most cost-effective approach that would benefit the client throughout her lifetime. While a collaborative approach is not a new idea, the shared techniques employed allowed a seamless approach to working with the client, thus saving treatment dollars. **OBJECTIVES:** participants will understand the roles of each of the team members, learn how a collaborative approach can work to streamline treatment time, learn to translate new knowledge into their treatment plans and understand how to maximize medical-rehabilitation funding.

**3G\* Assisting Suicide – Could it be Part of Client-Centred OT Practice? — continued**

\*Delegates must also register for **WORKSHOP 2G**

## Allied Health Professional Development Fund

**REMINDER!** You may be eligible for reimbursement of your conference registration fees!

Registered Ontario occupational therapists may make application to the

**ALLIED HEALTH PROFESSIONAL DEVELOPMENT FUND**

for reimbursement of fees to support professional development up to a maximum of \$1500.

For more information, criteria and application materials visit: [www.ahpdf.ca](http://www.ahpdf.ca)

**Morning Workshops | 4A – 4F**

10:30 am – 12:00 pm

**4A Rapid Podium Panel: ‘Strategy Session’ – with Dr. Sinha**

**Dr. Samir Sinha** MD, DPhil, FRCP- Director of Geriatrics – Mount Sinai and the University Health Network Hospitals | **Joanne Kular** BScOT, OT Reg. (Ont.) – Arvan Rehab Group & Apka Health | **Kim Schryburt-Brown** MSc, BScOT, OT Reg. (Ont.) – Geriatric Mental Health Community Outreach Teams | **Leslie Coulter** M.Sc.(OT), OT Reg. (Ont.) – House Calls | **Sherri Dakin** M.Sc.(OT), OT Reg. (Ont.) – House Calls | **Warren Kirley** OT Reg. (Ont.) – LHSC Victoria Hospital | **Chris Linton** B.A. (Psych), B.Sc.(OT), OT Reg. (Ont.) – Closing the Gap Healthcare Group

What better way to continue the momentum gained from this morning's plenary than to engage in a rapid podium panel with Dr. Sinha? A 'strategy session' if you will. Join Dr. Sinha along with leaders in care across practice areas speaking to how they have been advancing seniors care at their organizations. Find out just what OTs are doing to materialize the seniors strategy along with the challenges they are facing at a level that matters to you as a front line service providers. **OBJECTIVES:** participants will strategize on how the recommendations from Dr. Sinha's report 'Living Longer, Living Well' can be implemented at their place of work – just as the leaders presenting today have done. This workshop promises to be a great catalyst in moving ideas forward.

**4B\* 2014 SABS Update – What's all the Buzz for OTs in the Auto Sector?!**

**Karen Rucas** B.Sc.OT Reg. (Ont.) – Karen Rucas & Associates | **Carol MacDonald** BA, B.Sc.OT, OT Reg. (Ont.) – myPSW | **Galit Liffshiz** MA, OT Reg. (Ont.) – Galit Liffshiz & Associates Inc. | **Tracy Milner** MCISc(OT), OT Reg. (Ont.) – Brain FX

No other sector moves with such swiftness as Ontario's auto sector. So too must we adapt and change as a profession to ensure that we remain industry leaders, our practices remain relevant and valued by the industry and competitive within this sector. The focus of this workshop is to bring Ontario OTs working within the auto insurance scheme up to date with relevant legislative changes and current professional issues that will impact their daily practice and how they conduct their business. In addition, the OSOT Auto Insurance Sector Team is working on two strategic goals, the MIG Alternative Project (the MAP) and the creation of a Continuous Quality Improvement program for Attendant Care Assessment. These two initiatives are spearheaded and supported by OSOT with the intent of having positive transformative influence within the industry at large and to position OTs as solution-focused partners concerned with creating a sustainable and evolved insurance system. **OBJECTIVES:** participants will gain knowledge of recent legislative changes vis-à-vis the 3 Year Review, learn the details of the MAP and Attendant Care Continuous Quality improvement projects, learn about the current issues and arbitration decision relating to Catastrophic Determinations & Attendant Care and how this will impact your practice, and increase your awareness of the current practice “buzzes” including but not limited to informed consent, performance/symptom validity testing and use of title for OTs working in this sector.

**\*This 3 hour workshop continues at 1:30 pm – Delegates must also register for Workshop 5B**

**4C Sexual Healing: Addressing Sexuality in Person-Centred Care**

**Kelli Young** MEd, BScOT, OT Reg. (Ont.), RMFT – Private Practice and University Health Network

We are all sexual beings. The World Health Organization (2002) maintains that sexuality is a “central aspect of being human” and encompasses physical, emotional, spiritual, psychological, and ethical components. Despite the widely accepted view that sexuality is integral to one's identity, self-esteem, and quality of life; sexual health is a frequently neglected component of healthcare in both acute care and rehabilitation settings. Clients routinely do not receive the education and support they need to deal with their sexual questions and concerns. Occupational therapists work from a holistic perspective to enable clients to engage in meaningful occupations that foster health and well-being. From this perspective, clients' sexuality can be seen as an “occupation” unto itself, as well as an aspect of oneself that impacts other roles and occupations. The occupational therapy literature suggests that the vast majority of occupational therapists believe that addressing client sexuality falls within their scope of practice. However, most occupational therapists feel they lack the confidence, knowledge, and training to completely address their clients' sexual health needs. **OBJECTIVES:** this workshop will focus on advancing best practice in occupational therapy as it pertains to clients' sexual health. Using fun and interactive methods, the presenter will dispel commonly accepted myths about sex and sexuality, and help participants to become aware of their own values and biases. She will also provide participants with techniques, strategies and interventions that participants can use in their own practice. This workshop will incorporate both didactic and experiential components, allowing ample time for group discussion. Participants will be able to identify and describe the relevance of clients' sexuality to occupational therapy best practice, analyze and evaluate the ways in which one's own biases and values affect one's ability to address clients' sexual health and develop strategies for sexual health assessment and intervention.

*see next page for workshops 4D - 4F*



**4D A True Team Approach – OTs as OTA/PTA Supervisors**

**Lisa Brice Leddy** BHScPT, BSc, MSc(RS) – Trillium Health Partners | **Melanie Blake** OT Reg. (Ont.) – Trillium Health Partners | **Debbie Park** BHScPT – Trillium Health Partners

Ontario hospitals are working under increasingly constrained budgets and looking to develop innovative care delivery models that maximize efficiency while decreasing length of stay. Our large community teaching hospital recently introduced a new model of care using the guiding principles of: increased care at the bedside; and provision of 7 day/week therapy in the acute care setting. This workshop will include a rich qualitative description of the experience of our therapists and assistants (OTA/PTAs) during the transition to and within the new model of care. Highlights include: adjusting to a significant increase in the number of OTA/PTAs; developing a process for assignments; the importance of communication; and adjusting to a more consultative role. **OBJECTIVES:** participants will gain an enhanced understanding of the process of assignment what are the rules, risks and boundaries; knowledge related to and examples of tools and strategies available to facilitate the assignment process, and enhanced understanding of issues related to the role of the OT as a consultant and the potential implications for the profession.

**4E\* Management of Arthritis of the Hand: A Practical Approach**

**Phillip Ambury** OT Reg. (Ont.) – The Arthritis Society | **Ilene Cohen-Ackerman** OT Reg. (Ont.) – The Arthritis Society

There are over 100 types of arthritis, many of which can affect the function of the hands including: pain, swelling, joint deformity, loss of strength and range of motion. This presentation will focus on evidence-informed best practice and practical strategies in the management of arthritis. Participants will learn: how to do a hand assessment, management techniques such as exercise, 'low technology' pain control techniques, and 'easy' splinting techniques (custom and off-the-shelf splints) all of which can be included in a client centred treatment plan within a client's home. **OBJECTIVES:** participants will gain an understanding of basic hand anatomy and common problems caused by arthritis, will develop assessment skills to identify the basis of hand dysfunction and develop a toolkit of exercises, adaptive devices, pain management techniques and splinting options to manage hand problems in a community setting.

**\*This 3 hour workshop continues at 1:30pm – Delegates must also register for Workshop 5E**

**4F Assessing Seating and Mobility in The Community: How to Meet the Challenges**

**Brenlee Mogul-Rotman** B.Sc.OT, OT Reg. (Ont.) – Toward Independence | **Kathryn Fisher** B.Sc.OT – Shoppers Home Healthcare

The seating and mobility assessment is a complex and time consuming process. We need to understand the daily life of the person with the disability, identify needs and provide options to meet those needs. Throughout the assessment process, we gather information, complete a physical and environmental assessment, determine needs and set goals collaboratively with our client. What does the client want to achieve as a result of obtaining a seating and mobility system? What does the family/caregiver(s) want to achieve? And what do WE, as clinicians, vendors and manufacturers want to achieve to meet all of these needs? A seating and mobility assessment is best practice, client centered and evidenced based. There are pros and cons of completing the process within the community. The advantage of visiting someone's home provides the therapist with the opportunity to observe environmental access in all areas of the home. Within this environment the client's intended use of the equipment also becomes apparent. Challenges can also be encountered in the community setting. Some home environments are not set up for conducting a physical mat evaluation. There could be safety risks for the therapist such as an apartment full of clutter or infestation, other unknown people within the apartment or being in an unsafe neighbourhood. This presentation will identify challenges encountered in community settings and outline suggestions to ensure that a thorough assessment can be completed. How the OT and vendor can best work together to gather the necessary information, set goals with the client, provide trial options, prescribe equipment and then dispense and set up the equipment so that it is used appropriately to meet the needs outlined as goals will also be discussed. This presentation focuses on emerging practice trends as well as best practice and assessment models. **OBJECTIVES:** participants will be able to list 3 parts/components of the seating and mobility assessment process, describe at least 2 pros and 2 cons of completing a seating and mobility assessment within the client's home, and list at least 3 strategies to ensure the community based assessment can be completed in a thorough and safe manner for all team members involved.

**Afternoon Workshops | 5A – 5F**

1:30 pm – 3:00 pm

**5A\* Occupational Therapy in Family Health Teams: Aligning with the Ontario Seniors Strategy Now and Into the Future**

**Colleen O'Neill** BSc., OT Reg. (Ont.) – McMaster Family Health Team | **Martha Bauer** BSc.OT, OT Reg. (Ont.) – McMaster Family Health Team | **Catherine Donnelly** PhD, OT Reg. (Ont.) – Queens University | **Barry Trentham** PhD, OT Reg. (Ont.) – University of Toronto

The Ontario Seniors Strategy document – “Living Longer, Living Well” (Sinha, 2013) highlights the growing proportion of seniors in Ontario (now at 14.6% of Ontario's population and growing). Of those, 10% account for 60% of health care spending because of complex health and social issues. The current acute care delivery model used to service these seniors is financially unsustainable. Also, it does not adequately offer the array of services necessary to support seniors in their efforts to remain living at home. Integrated, community-based health and social care is known to respond more cost-effectively to seniors living with chronic health issues. With unprecedented pressures to maintain tight budgets, maintain access to care and provide choices for evidence-based quality care, primary care offers an opportunity to provide programs and services to meet the varied needs of seniors outside of the more traditional hospital setting. Occupational therapists provide various services in different primary care settings across Ontario to help seniors “live longer, live well” and stay at home longer. We will present a variety of occupational therapy programs/services along with information on measures used and outcomes to date. We will facilitate a discussion that explores how to align the occupational therapy role in primary care within Ontario's Seniors Strategy. We will identify current evidence for community-based, occupational therapy in primary health care and engage the group to generate recommendations for future evidence-based evaluation opportunities in order to support the expanding role of occupational therapy in primary health care with seniors.

**OBJECTIVES:** participants will (1) learn what occupational therapists are currently doing in primary health care to support the recommendations outlined in Ontario's Seniors Strategy and facilitate sharing of ideas between Family Health Teams (FHT) and Community Health Centres (CHC); (2) increase awareness of the potential to further the role of occupational therapy in primary health care based on current evidence; (3) improve awareness of the political culture that impacts on the emerging role of occupational therapy in primary health care; (4) improve knowledge of evidence-based research initiatives in primary health care practice; and (5) participate in the development of questions and potential strategies for furthering evidence-based initiatives in your current primary health care setting.

**\*This 3 hour workshop continues at 3:15 pm – Delegates must also register for Workshop 6A**

**5B\* 2014 SABS Update - What's all the Buzz for OTs in the Auto Sector?! — continued**

**\*Delegates must also register for WORKSHOP 4B**

**5C Occupational Therapy and Organizational Change: Insights Gained in Pursuing a Non-Traditional Role**

**Lindsay Naumetz** MSc, OT Reg. (Ont.) – Appleby College

In the midst of widespread changes in funding for occupational therapy services across Ontario, occupational therapists have opportunities to apply their skills and knowledge innovatively; to be on the ‘forefront of health system change’. This workshop will outline the qualities of non-clinical, non-traditional positions that occupational therapists can take. It seems that, to date, much information on emerging roles is anecdotal. Analysis, problem solving and planning (to promote performance and reduce barriers to participation) which we employ to facilitate change with individual clients are the same skills required to develop and manage organization-wide projects and programs. To illustrate this point, the speaker will describe her current position of developing a health and wellness curriculum in a large independent school. We will discuss issues encountered developing this role, from an occupational (new health promotion programs, policies and curricula) and institutional (independent day and boarding school) frame of reference. **OBJECTIVES:** to support occupational therapists in conceptualizing how both our knowledge and transferable skills can be applied differently, to share knowledge and experience with issues encountered with pursuing an emerging role in the midst of health system change, and to empower occupational therapists to pursue emerging roles.

*see next page for workshops*

**5D – 5F**

**5D Advancing OT: Being a Leader in Lymphedema Care****Marlene Lum** BSc. OT, OT Reg. (Ont.) – North York General Hospital

In a fiscally restrained healthcare system, occupational therapists are required to obtain specialized skills and demonstrate adaptability to remain viable within this climate. There are opportunities for OTs in the management of chronic diseases, specifically in the area of cancer care and with the development of secondary lymphedema (a common side effect of treatment). People with lymphedema are improperly treated and underserved due to the lack of knowledge of health practitioners. Traditionally, physiotherapists and massage therapists with specialized lymphedema training are the main health care providers to this population. However, OTs understanding and theoretical background in occupational performance interfaces well in the management of lymphedema. With specialized lymphedema training, occupational therapists would be able to address the gap that currently exists and potentially be the profession of choice for the management of this population. **OBJECTIVES:** participants will be able to recognize the uniqueness of OT in managing chronic disease, will be encouraged to expand skill sets to meet gaps in care and enhance awareness to identify lymphedema and facilitate its early management.

**5E\* Management of Arthritis of the Hand: A Practical Approach — continued****\*Delegates must also register for WORKSHOP 4E****5F The Rehabilitative Care Alliance: Implications for Providers of Care****Charissa Levy** MHSc, BScOT, OT Reg. (Ont.) – GTA Rehab Network; Toronto ABI Network; Rehabilitative Care Alliance |**Emmi Perkins** MHSc., CHE, PT Reg. (Ont.) – Rehabilitative Care Alliance

The Rehabilitative Care Alliance is a task-oriented, collaborative group that is leveraging expertise from across the province and full continuum of care to support the adoption of standardized terminology and processes within the rehabilitative care system. The Alliance provides a platform for improving the delivery of rehabilitative care services across the care continuum that is based on the delivery of best practices to enhance outcomes. Within its two-year mandate (April 2013 – March 2015) the Alliance is developing recommendations in five priority areas to effect positive change in rehabilitative care in Ontario. This workshop will explore each of the Alliance's priorities from the perspective of practicing OTs and will provide opportunities for participants to offer feedback/suggestions regarding the implementation of these recommendations. **OBJECTIVES:** participants will gain knowledge of the Rehabilitative Care Alliance and its priority initiatives, develop a comprehensive understanding of the deliverables of each of the Alliance's priority initiatives and the implications to the delivery of rehabilitative care in Ontario, and will provide feedback regarding the implications of implementing the recommendations from the Rehabilitative Care Alliance and offer suggestions to support implementation.

**Not an OSOT member?****JOIN TODAY AND SAVE ON BOTH YOUR MEMBERSHIP and CONFERENCE 2014 FEES!**

Join as a **NEW MEMBER** for 2014/2015 and your membership fee is **HALF PRICE\*** ... **AND** you can take advantage of the **MEMBER CONFERENCE REGISTRATION FEE – A Savings of up to \$200!**

\* Please note this option is not available for online registration.

Download a **New Member Application Form** and submit it along with your **Conference Registration form** by fax **416-322-6705** or email **osot@osot.on.ca**

*We look forward to welcoming you to the Conference... and to OSOT Membership!*

**Questions? Contact Kymberley Trumper, at 416-322-3011 / 877-676-6768 or ktrumper@osot.on.ca**

\*Please note this Conference/Membership Special does not apply to the 'New Graduates' Membership Package.



**6A\* Occupational Therapy in Family Health Teams: Aligning with the Ontario Seniors Strategy Now and Into the Future — continued**

**\*Delegates must also register for WORKSHOP 5A**

**6B Best Practice in Protecting YOU and Your Reports**

**Alexander M. Voudouris** B.A. (Hons), LLB – Pace Law Firm | **Lesya A. Dyk** B.H.Sc.OT, OT Reg. (Ont.) – Maximum Independence

In August 2013 the Health Professions Appeal and Review Board (HPARB) addressed an appeal of a decision of the Inquiries, Complaints and Report Committee of the College of Occupational Therapists of Ontario. The applicant was dissatisfied with the decision of the College relating to the investigation and outcome of a complaint regarding the conduct and actions of an OT. HPARB's decision, now in the public record, pertains to the issue of fraud committed on an OT's report. Speakers will discuss the College and HPARB decisions and help participants explore the judgment relating to the OT's practice. The workshop will present best practices for OTs to protect their professional and personal reputations and to prevent fraudulent reports submitted on their behalf. In today's auto insurance sector where there is a thirst to save money on auto insurance claims along with a hunger for files from lawyers, how can health professionals protect themselves from getting caught in the middle? We encourage OTs to bring their own stories to discuss with the expert panel. **OBJECTIVES:** Participants will: review and understand the HPARB decision in the hearing of M.C. vs. K.E. (OT), will learn the legal rationale for this decision and will learn & discuss best practices to protect themselves and their reports from falsification.

**6C Doing More with Less: Identifying Burnout & Compassion Fatigue Risks for the OT**

**Laura Hayos** MScOT, OT Reg. (Ont.) – Centre for Addiction and Mental Health | **Colleen Good** MScOT, OT Reg. (Ont.) – Centre for Addiction and Mental Health

Burnout and compassion fatigue are important issues for Canadians to address – especially those working in healthcare (Desjardins Financial Security, 2008; Maslach, 2003). Six out of 10 highly stressed workers indicated work as their primary source of stress (Statistics Canada, 2010). As the health care system changes and health care professionals are increasingly challenged to do more with fewer resources, it becomes even more important to equip them with strategies to prevent and manage burnout and compassion fatigue. As a result, the focus of this workshop is on understanding, assessing and addressing burnout and compassion fatigue. Participants will have an opportunity to learn about the differences between burnout, compassion fatigue and secondary trauma as well as learn about contributing factors and signs and symptoms to be aware of. Furthermore, participants will have the opportunity to engage in self-reflection during the workshop through the completion of a self assessment. This will allow participants to gain a sense of where their stress levels are currently at to help guide prevention and management strategies for burnout and compassion fatigue, which will also be discussed. Creative and interactive exercises will be used to encourage reflection on literature and visual arts that will provide an opportunity for rejuvenation and offer additional self-care strategies to consider. **OBJECTIVES:** participants will enhance understanding of the difference between burnout, compassion fatigue and secondary trauma and how they impact clinicians and their practice/clients, will learn how to self-assess burnout, compassion fatigue and secondary trauma and develop skills and strategies to prevent and manage burnout, compassion, fatigue and secondary trauma.

*see next page for workshops  
6D – 6F*





## 6D Leading Organizational Change in Position: Implementing Client Centred Care Best Practices

**Isabella Cheng** OT Reg. (Ont.) – Sunnybrook Health Sciences Centre

Occupational therapists are well positioned to be at the forefront of health system change, particularly because of our profession's guiding principles that value and espouse client-centred care. In Ontario, the Excellent Care for All Strategy puts patients at the centre of the healthcare system and demands that quality patient care is based on evidence and standards. Occupational therapists are well-versed in understanding and optimizing patient's experiences; as such, we are in a natural position to lead organizational changes related to the Excellent Care for All Strategy. This workshop describes the leadership journey of one occupational therapist working within a large urban teaching hospital, who enhanced her formal role with an organizational leadership role to implement and sustain person-centred care best practices. Beginning with best practice guidelines as a foundation, several factors are discussed as being key to successful strategy development and organizational change implementation. They include: 1) engaging frontline staff, middle leaders and senior organizational leaders; 2) embracing the participation of patient and family representatives in all aspects of work; 3) 'gathering greatness' through aligning the work to organizational values and honouring previous related work; 4) ensuring inter-professional collaboration; and 5) applying quality improvement and leadership training. Person-centred care contributes to positive patient outcomes in safety, quality and satisfaction. Organizations are adapting the principles of person-centred care to fit within their own organizational culture. Opportunities exist for occupational therapists to step forward and lead in position during this time of change. **OBJECTIVES:** participants will reconnect with occupational therapy's value of client-centred care and learn about an example where it is applied to organizational change, will realize the importance of engaging staff and patients, and aligning to organizational plans and system-level strategies in order to optimize successful change, and will recognize the opportunities that exist for occupational therapists to lead in position.

## 6E Driving Health System Change: How Can Occupational Therapy Contribute?

**Elizabeth Stegles** OT(C), OT Reg. (Ont.) – Canadian Association of Occupational Therapists |

**Janet Craik** MSc., OT (C), OT Reg. (Ont.) – Canadian Association of Occupational Therapists

Occupational therapists have traditionally addressed client needs on an individual basis but as Canadians face a pressing need for health system change, occupational therapists are in a unique position to contribute to population based health promotion and injury prevention. This interactive workshop will provide examples of two innovative projects that demonstrate a positive and cost effective impact on a specific population through the development of resources and education materials. Participants will have an opportunity to discuss the role of occupational therapy delivery at a population level. The project examples address a driving safety and injury prevention program for older adults. For many people, driving significantly effects engagement in occupations related to such activities as shopping, recreation, work and health care. As drivers age, the ability to drive safely may be negatively impacted by changes in visual acuity, hearing impairment, slowed reaction times and memory changes. A resource that assists older adults to utilize driving practices that prevent injury and promote health, well-being and public safety will be described. A second resource provides a check to ensure that older adults "fit" their vehicle properly for maximum comfort and safety. A logical segue to this work is to discuss how occupational therapists may address the need for accessible community mobility/transit that will enhance engagement in occupations for all. Participants will, by means of small group discussion, consider strategies occupational therapists may use to contribute to the advancement of system change in a concrete and achievable manner that demonstrates return on investment. **OBJECTIVES:** participants will gain an understanding of the difference between population and individual service delivery, will learn about the development of resources that promote population based health and injury prevention, and will consider strategies to promote the role of occupational therapy in health system change.

*see next page for workshop 6F*

**Afternoon Workshops | continued**

3:15 pm – 4:45 pm

**6F Low Vision Services: What is Available for My Client and What Occupational Therapy Can Provide****Michelle Markowitz** OD, MSc. OT – Eyes First Eyecare

With an aging population, the need for low vision rehabilitation services continues to grow. It is estimated that in Canada only approximately 10-20% of the individuals who require low vision rehabilitation, actually receive such services. The Canadian health care system has the resources to provide many of the elements that comprise comprehensive low vision care and Ontario is at the forefront. Occupational therapy can provide a large part of any comprehensive vision rehabilitation plan. Comprehensive low vision care is provided by a multi-disciplinary team. Health care providers involved include optometrists, ophthalmologists, occupational therapists, opticians, and orientation and mobility specialists among others. A handful of programs providing this care currently exist. The government of Ontario has also developed a legal definition of low vision which determines the funding available for such services. This ranges from funding for assessment purposes, funding for low vision devices as well as funding for training programs. OTs are trained and skilled to perform many vision rehabilitation roles. This includes identification of clients with low vision, evaluation of cognitive, psychological and social profiles of clients, training in using rehabilitation devices and rehabilitation skills related to low vision and assessment of outcome measures following low vision rehabilitation. Occupational therapists can play a key role in assisting their clients to benefit from vision rehabilitation services. This workshop aims to highlight such opportunities. **OBJECTIVES:** participants will understand the key OT elements of comprehensive low vision rehabilitation, will identify professionals and programs that provide low vision rehabilitation and will become familiar with funding sources available for low vision rehabilitation.

**Student/New Graduate Stream | A day of workshops just for you!****Student/New Graduate Stream – Speed Mentoring: Learn, Network & Enjoy! | 10:30 am – 12:00 pm**

**Pam Rantz** MSc, OT Reg. (Ont.) – Primary Health Care Sector; Kincardine Family Health Team | **Anne Murphy Turluk** OT Reg. (Ont.) – Primary Health Care Sector; McMaster University | **Joanne Romas** BSc Kin., MSc(OT), OT Reg. (Ont.) – Auto Insurance Sector; Romas & Associates | **Jeff Ford** BHSc (OT), OT Reg. (Ont.) – Auto Insurance Sector; Consultant | **Kim Pelkman** BScOT, OT Reg. (Ont.) – Long-Term Care Homes Sector; Pioneer Manor | **Anh Duong** OT Reg. (Ont.) – Long-Term Care Homes Sector; VHA Rehab Solutions | **Candace Skinner** OT Reg. (Ont.) – CCAC Sector | **Dorothy Gotzmeister** OT Reg. (Ont.) – CCAC Sector | **Donna Dennis** OT Reg. (Ont.) – Mental Health Sector; Western University | **Colleen Good** MSc, OT Reg. (Ont.) – Mental Health Sector; St. Joseph's Health Centre (Toronto) | **Kim Woodland** OT Reg. (Ont.) – Paediatrics Sector | **Nicole Thomson** PhD(c), OT Reg. (Ont.) – Paediatrics Sector | **Fatima Quraishi** OT Reg. (Ont.) – Hospital Sector | **Isabella Cheng** OT Reg. (Ont.) – Hospital Sector | **Mariane Downes** | B.Sc.OT, OT Reg. (Ont.) – School Based OTs Sector; York District School Board | **Kari Renahan** B.HSc.OT, OT Reg. (Ont.) – School Based OTs Sector; York District School Board

Are you a student OT? Have you recently graduated? Not quite sure of the practice area that resonates best with you? Wondering where there may be jobs available? If you answered yes to any of these questions - we have a fun, dynamic and knowledge filled conference workshop just for you! This year we are introducing an OT 'Speed Mentoring' extravaganza! A room full of experts in each practice area available to answer your questions. You will rotate from one OT expert to the next and gain a face-to-face opportunity to speak with leaders in: primary health care, mental health, auto insurance, school-based OT, paediatrics, CCAC and long term care. We know the leap from student to practising OT can be a daunting one so let us help and be your guide through this informative and interactive session.

**Student/New Graduate Stream Panel: You've Graduated... NOW WHAT!? | 1:30 pm – 4:45 pm**

**Allison Rinne** OT Reg. (Ont.) – New Graduate | **Barbara Cawley** BSc., OT Reg. (Ont.) – Experienced Hiring Manager | **Dara Maroccia** Manager of Employee Relations – Trillium Health Partners | **Elinor Larney** MHSc. OT Reg. (Ont.) – Registrar at the College of Occupational Therapists of Ontario | **Melanie Blake** BSc, OT Reg. (Ont.), Professional Practice Leader (PPL) – Trillium Health Partners

We're hoping the title says it all! Congratulations on graduating or being very close to graduating from a worthy and accredited program - Occupational Therapy... and now what!? With today's competitive job market, the constantly changing policies and priorities of the provincial government and the evolving & advancing role of OT - how do YOU stay current... stay at the forefront of all this health system change? How do you search for and secure a job that's right for you? How do you make a difference not only in the lives of your clients, but gain job satisfaction and feel like you're contributing to the promotion of the profession of occupational therapy at the same time? That's a tall order! But... there's help! Join us for an expert panel of inspiring individuals who have asked those same questions and have much knowledge & information to share. Topics will include: how to be successful during the interview process, the struggles and successes of securing OT employment, how to manage professional relationships, resources that you need and much more... plus lots of time to ask questions! We hope you will take advantage of this first ever OSOT sponsored panel of its kind.

*See page 21 for registration details for this unique OSOT professional development experience!*



- 1. Health System Change through Collaboration in the East Mississauga Health Link**  
Anne McKye MSc, BHSc(OT), OT Reg. (Ont.)  
Lara de Sousa MHSc, BSc(OT), OT Reg. (Ont.)  
Andrea Thompson MHSc, BSc(OT), OT Reg. (Ont.), CHE
- 2. Returning to School Post-Concussion: Informing Improved Occupational Performance Amongst Youth**  
Dhruvi Bhandari MSc.OT  
Courtney Ostrega MSc.OT  
Nick Reed PhD, MSc.OT, OT Reg. (Ont.)  
Catherine Wiseman-Hakes Speech Language Pathologist
- 3. Sociocultural Factors Influencing Work Performance for Immigrants**  
Thanh Dinh MSc.OT Candidate 2014
- 4. Seasonal Variations in Spasticity and BotulinumToxin Dosage**  
Lisa Martin MSc.OT student  
Martha Miller MSc.OT student  
Farooq Ismail MD  
Chris Boulias MD  
Lisa Lyons OT Reg. (Ont.)  
Chetan Phadke
- 5. Feeding and Swallowing Outcomes in Infancy in Congenital Heart Disease**  
Lisa Hoffman MSc Rehab (Candidate), BSc.OT, OT Reg. (Ont.)
- 6. An Interprofessional Approach to Fall Prevention at North York General Hospital**  
Shoshana Berliner BSc.OT, OT Reg. (Ont.)  
Daphne Flatt BSc.OT, MEd., OT Reg. (Ont.)  
Joanne Tao BSc.OT, OT Reg. (Ont.)
- 7. The Use of Sensory Modalities in a Forensic Mental Health Setting**  
Sharlene Wong MSc.OT, OT Reg. (Ont.)  
Liam Marshall PhD
- 8. Mood Walks – Walking Groups to Promote Mental Health for Older Adults**  
Andrea Town MSc.OT, OT Reg. (Ont.)
- 9. Can Stroke Patients with Neglect Benefit from Mirror Therapy?**  
Lydia Beck MSc.OT Candidate 2014  
Meghan Halyk MSc.OT Candidate 2014
- 10. Identifying Resources that Support Vocational Outcomes in Youth with Autism**  
Danielle D'Alessandro H.BSc., M.Sc.OT (Candidate)  
Andrea Hickling H.BSc.(Kin), M.Sc.OT (Candidate)  
Sally Lindsay PhD, MA
- 11. Exploring The Subjective Experiences of Teens & Young Adults with ASD Who Participated in an Employment and Life-Skills Program**  
Ruxandra Pop MScOT Student
- 12. The Journey to Better Stroke Care**  
Lisa Chin-Curtis MScOT  
Teresa Carkey BPhysio  
Sandra Ramdeyall BScN  
Elizabeth Villar-Guerrero
- 13. Pilot Testing a Fieldwork Demands Measure for Occupational Therapy Placements**  
Amy Ly MScOT Candidate 2014  
Crystal Fong MScOT Candidate 2014  
Jill Stier BMR (OT), MA, OT Reg. (Ont.)  
Donna Barker MSc, BSc(OT), OT Reg. (Ont.)
- 14. Incorporating Principles of Innovation Camp in OT Education**  
Alison Senior
- 15. Youth Engagement in Life-Skills and Transition Programs**  
Eric Smart MSc.OT  
Adeeta Ramkissoon MSc.OT  
Carolyn McDougall OT Reg. (Ont.)  
Patty Rigby Ph.D., OT Reg. (Ont.)  
Gillian King Ph.D
- 16. Transition Experience for Students with Disabilities into Post-Secondary Education**  
Ellen Flanagan MSc.OT (Candidate)



- 17. The Effects of Hoist Sling Fabrics on Gluteal Interface Pressure**  
Elizabeth Van Dyck BSc, MScOT (Cand.)  
Emily Paulson BSc, MScOT (Cand.)  
Linda Norton MScCH, OT Reg. (Ont.)  
Andrea Duncan MBA, OT Reg. (Ont.)  
Margot McWhirter MA, OT Reg. (Ont.)
- 18. The Cognitive Orientation to Daily Occupational Performance Approach: A Scoping Review**  
Emma Scammell BA, MSc.OT Candidate 2014  
Stephanie Bates BSc, MSc.OT Candidate 2014  
Adina Houldin BA, MSc, PhD Candidate  
Helene Polatajko PhD, OT Reg. (Ont.), OTC, FCAOT, FCAHS
- 19. Evaluating Occupational Needs in a Partner Assault Program**  
Kayla McDowell MScOT Candidate 2014  
Kaitie Neilson MScOT Candidate 2014  
Maria Huijbregts BScPT, MHSc, PhD  
Anne Fourt BScOT, M.Ed  
Dr. Lisa Manuel
- 20. Hand-in-Hand: Pediatric Constraint-Induced Movement Therapy Outcomes**  
Alyssa Komar Student OT  
Julia Lavallee Student OT  
Kelly Hanna Student OT  
Kelsey Ashley Student OT  
Janet Bernstein OT Reg. (Ont.)  
Janet Woodhouse OT Reg. (Ont.)  
Nicholas Reed OT Reg. (Ont.)
- 21. Fitness to Drive: Identifying at Risk Drivers with Parkinson's Disease**  
Sherrilene Classen PhD, MPH, OTR/L, FAOTA  
Jeffrey Holmes PhD, MSc.OT  
Katherine Loew BHK  
Ashley Mulvagh BA  
Kayla Rienas BA  
Victoria Walton BA  
Sandra M. Winter PhD
- 22. Cognitive Profile of Mild Traumatic Brain Injury in Trauma Patients**  
Katie Churchill MSc.OT, OT Reg. (Ont.)  
Yangmei Li PhD  
Marlene Santos MD  
Mathew Hui  
Jane Topolovec-Vranic PhD  
Angela Colantonio PhD, OT Reg. (Ont.)
- 23. A Group-Based Motor Developmental Program for Infants: A Pilot Study**  
Amanda Lee OT Reg. (Ont.)  
Leila Amin OT Reg. (Ont.)
- 24. Telerehabilitation: A Potential Service Delivery Model in Occupational Therapy**  
Ann Fu MScOT Candidate 2014  
Anna Trusz MScOT Candidate 2014  
Catherine Donnelly BSc(OT), MSc, PhD
- 25. From Classroom to Community: Student Reflections on International Community Development**  
Laura Stanley MScOT Candidate 2014  
Emily Molzan MScOT Candidate 2014  
Lee Rosen MScOT Candidate 2014  
Natalia Stadnik MScOT Candidate 2014  
Stephanie Davies MScOT Candidate 2014
- 26. Conceptualizations of Occupation as they Relate to Health and Illness**  
Katherine Stewart BSc, MScOT Candidate  
Tess Fischer BA, MScOT Candidate  
Rehana Hirji MScOT, OT Reg. (Ont.)  
Jane Davis MSc, OT Reg. (Ont.)
- 27. Building Your Playground Toolbox**  
Ingrid M. Kanics MOT, OTR/L
- 28. OSOT Research Fund Grants Program and Research Grant Recipients**  
Ontario Society of Occupational Therapists
- 29. The SCOPE Project: Strategic Choices for Occupational Therapy Practice Evolution**  
SCOPE Project Steering Committee





# Delegate Information

Register on-line today

For more information please visit [www.osot.on.ca](http://www.osot.on.ca) or **CLICK HERE** to register right away!



**YOUR FULL CONFERENCE FEES INCLUDE:** Workshop program; exhibit hall access; poster hall access; keynote address (Friday); plenary address (Saturday), AGM luncheon (Friday only); Friday evening exhibit hall reception; refreshment breaks, breakfast and lunch in exhibit hall (Saturday); printed materials; and unlimited opportunities to socialize!

**GENERAL INFORMATION:** OSOT will advise you prior to the conference, if for any reason, the workshop for which you have registered is not available. Certificates of workshop participation will be available after the conference in conjunction with the online evaluation process. Copies of all presentations, for which we have presenter permission, will be posted to the OSOT membership website following conference.

**CANCELLATION/SUBSTITUTION POLICY:** Cancellations will be refunded less \$50.00 administration fee with notice of cancellation being received at [krumper@osot.on.ca](mailto:krumper@osot.on.ca) no later than September 5, 2014. Substitutions may be made but notice must be received by [krumper@osot.on.ca](mailto:krumper@osot.on.ca) no later than September 5, 2014. OSOT reserves the right to cancel this conference and/or workshop(s) due to unforeseen circumstances and will be responsible only for refunding conference registration.

**TRAVELLING TO THE CONFERENCE:** Registered delegates can utilize the following promotional airline codes if required:

**AIR CANADA** – Book online at [www.aircanada.com](http://www.aircanada.com) and use promotional code: **HUQJTGW**.

**WEST JET** – Call West Jet Group Sales Team at **1-877-952-4696** and provide group code: **CC8407**.

**PORTER AIRLINE** – Book online at [flyporter.com](http://flyporter.com) or through your travel agent using promotional code: **OSOT14** to receive a 15% discount from May 16 to September 23.

**SPECIAL NEEDS:** If you have special needs related to dietary or accessibility requirements, please identify these needs on the registration form and a staff person will contact you to discuss arrangements to meet your needs.

**CONSENT TO USE OF PHOTOGRAPHIC IMAGES:** Registration and attendance in OSOT conference 2014 constitutes an agreement by the registrant to the Ontario Society of Occupational Therapists to use the registrant's unidentified image in photographs.

**PRIVACY STATEMENT:** Registration information is collected to process registrations and payments for educational events, correspond with registered delegates, and to publish delegate lists for event participants. If you do not wish to have your registration information used for these purposes please indicate this on the registration form.

**ACCOMMODATIONS:** Extend your OSOT 2014 experience by staying at the SHERATON PARKWAY TORONTO NORTH HOTEL or THE BEST WESTERN which are both connected to the Conference Centre! A small block of rooms has been reserved at The Sheraton rate of \$139.00 per night and The Best Western rate of \$109.00 per night (single/double occupancy) plus applicable taxes.

To book your Sheraton or Best Western reservation, please call the Reservations Hotline at: **1-800-668-0101**. You may also e-mail your reservation requests to: [resmgr@sheratonparkway.com](mailto:resmgr@sheratonparkway.com) – mention the group name, Ontario Society of Occupational Therapists to receive the group rate.

BOOK ROOMS before **SUNDAY, AUGUST 31, 2014** to receive the OSOT special rate!

**PARKING:** COMPLIMENTARY SELF PARKING is available at the Sheraton and The Best Western even if you are not spending the night.

**REGISTER ON-LINE TODAY AT: [www.osot.on.ca](http://www.osot.on.ca)** – Delegates are strongly encouraged to use the ON-LINE REGISTRATION & SECURE PAYMENT option! The on-line registration process allows delegates to immediately submit their registration, use their credit card information for payment (credit card numbers are not stored electronically), and receive an immediate confirmation of their payment by means of a credit card receipt and a confirmation email showing their registration has been received.

## Conference Rates

**EARLY:** faxed, postmarked or received on-line on or before **AUGUST 18, 2014**

**REGULAR:** faxed, postmarked or received on-line on or after **AUGUST 18, 2014**

**STUDENT MEMBERSHIP IS FREE**

|   | OSOT MEMBER     |          | NON-MEMBER      |          | OSOT STUDENT/NEW GRAD MEMBER |          |  |
|---|-----------------|----------|-----------------|----------|------------------------------|----------|--|
|   | EARLY           | REGULAR  | EARLY           | REGULAR  | EARLY                        | REGULAR  | STREAM   |
| <b>FULL CONFERENCE:</b><br>Friday, September 19 and<br>Saturday, September 20 | <b>\$440.00</b> | \$540.00 | <b>\$565.00</b> | \$665.00 | <b>\$280.00</b>              | \$330.00 | Price for Saturday<br>Stream ONLY<br><br><b>\$90.00</b><br><i>(see page 2)</i> |
| <b>DAILY RATES</b>  |                 |          |                 |          |                              |          |  |
| Friday, September 19  | <b>\$290.00</b> | \$330.00 | <b>\$350.00</b> | \$390.00 | <b>\$180.00</b>              | \$220.00 |  |
| Saturday, September 20  | <b>\$290.00</b> | \$330.00 | <b>\$350.00</b> | \$390.00 | <b>\$180.00</b>              | \$220.00 |  |



**FAX your REGISTRATION to: 416-322-6705**  
(credit card information must be included)

**MAIL your REGISTRATION to: OSOT 2014**  
55 Eglinton Avenue East, Suite 210  
Toronto, ON Canada M4P 1G8

**REGISTER ON-LINE** Access SECURE ON-LINE REGISTRATION including Credit Card Payment (VISA or MASTERCARD)  
For more information please visit [www.osot.on.ca](http://www.osot.on.ca) or **CLICK HERE** to register right away!

Name: \_\_\_\_\_ OSOT Member #: \_\_\_\_\_ Not A Member? See page 15

Home Address: \_\_\_\_\_ City: \_\_\_\_\_ Prov: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Hospital / Agency Name: \_\_\_\_\_ City: \_\_\_\_\_

Telephone #: \_\_\_\_\_ Fax #: \_\_\_\_\_ **REQUIRED** Email: \_\_\_\_\_

Please detail all special needs (dietary/accessibility): \_\_\_\_\_

Although we will make every effort to accommodate your dietary needs, there may be additional charges for special orders. Please contact OSOT for further details.

I do not consent to the use of my registration information as outlined in the delegate privacy statement.

I do not consent to the use of myself in photographic images as outlined in the delegate consent to use of photographic images statement.

**WORKSHOP SESSION CHOICES:**

It is anticipated that interest in some sessions may exceed available seating.

Please indicate your first and second choices with # and letter. **SAMPLE**  
1st choice 2nd choice  
1A 1C

**FRIDAY, SEPTEMBER 19**

**1A-1G** 1st choice \_\_\_\_\_ 2nd choice \_\_\_\_\_

**2A-2G** 1st choice \_\_\_\_\_ 2nd choice \_\_\_\_\_

**3A-3G** 1st choice \_\_\_\_\_ 2nd choice \_\_\_\_\_

**SATURDAY, SEPTEMBER 20**

**4A-4F** 1st choice \_\_\_\_\_ 2nd choice \_\_\_\_\_

**5A-5F** 1st choice \_\_\_\_\_ 2nd choice \_\_\_\_\_

**6A-6F** 1st choice \_\_\_\_\_ 2nd choice \_\_\_\_\_

Student/New Graduate Stream

**PAYMENT OPTIONS:**

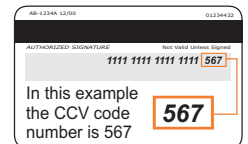
Cheque - made payable to "OSOT":  
(\$30.00 administration fee will be charged on all NSF cheques)

Credit Card Holder Name \_\_\_\_\_ Signature \_\_\_\_\_

Card #

Expiry Date \_\_\_\_\_

3 digit CCV number on back of card



**SUMMARY OF PAYMENT OWING: (Fees shown on page 21)**

**CONFERENCE FEES:**

**FULL Conference Registration Fee:** \$ \_\_\_\_\_ includes: FRIDAY and SATURDAY Program

**DAILY Conference Registration Fee:** \$ \_\_\_\_\_  FRIDAY, September 19  
\$ \_\_\_\_\_  SATURDAY, September 20

**Student/New Graduate Stream Registration Fee:** \$ \_\_\_\_\_

**SOCIAL EVENT:** Friday 7:15-11:00 pm \$ \_\_\_\_\_ (# of tickets \_\_\_\_\_ x \$35 each)

**SUB TOTAL:** \$ \_\_\_\_\_ *NOTE: All tickets to the FRIDAY SOCIAL are ordered separately and must be pre-ordered.*

+ 13% HST HST #104002092 \$ \_\_\_\_\_  I will be advancing to the alley!

**TOTAL PAYMENT OWING:** \$ \_\_\_\_\_  Good food and conversation is more my thing!

**NOTE:** REGISTRATION will NOT be processed until both REGISTRATION FORM and PAYMENT are received at OSOT office.

PLEASE COMPLETE THIS INFORMATION ONLY if **not attending** the conference but would like to attend the:

- Annual General Meeting:** 12:45 pm - 1:30 pm – No charge for OSOT members
- AGM + Luncheon:** 12:00 pm - 1:30 pm – fee enclosed: **\$56.50** (HST included)

**CONFIRMATION OF RECEIPT OF REGISTRATION:**

Registrants will receive confirmation by email (or mail if email not available) within 10 days of registering for OSOT 2014. If you have not received confirmation within 10 days from when registration form was mailed or faxed, contact Kymberley Trumper at [ktrumper@osot.on.ca](mailto:ktrumper@osot.on.ca) or 416-322-3011.