# Capacity Assessments and Powers of Attorney

A presentation by

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# THE AGENDA (I hope I have the right stuff!)

- Share stuff
- 2. Pause
- 3. Talk about stuff
- Share more stuff
- Summarize stuff
- 6. Consider questions about stuff
- N.B. Interrupt my stuff with your stuff and you will get more stuff in return.

# The Substitute Decision's Act (SDA)

- Came into effect in 1995
- Why a new legislated process??
- The office of the Provincial Guardian and Trustee represents and protects the personal and property interests of incapable people

#### Main Initiatives under the S.D.A.

- Identified a standard assessment protocol (bias reduction) to bring order to legislated disorder
   (Note: Interdisciplinary study group unable to determine a "Test for Competence")
- Established a process for training of assessors
- Established a methodology of assessor reliability (yearly training) and quality control (yearly file review)
- Prescribed a minimum number of assessments per year to maintain standing

#### Capacity Assessor's Qualifications

- Capacity assessors are designated by the Attorney General of Ontario
- Must be a member of a legislated professional college of Ontario
- Must successfully complete a training program approved by the Attorney General
- Must carry a minimum of one million dollar of professional liability insurance
- Must attend yearly training and meet file audit requirements
  - N.B.: independent of government (i.e. prof. practice)

## Legal/Ethical Presumptions

- Mental Capacity seen as a cognitive function
- Presumption of capacity (the default)
- Incapacity must be of a nature and of a degree sufficient to interfere with the ability to manage property or meet essential personal care needs

#### **Key Tenets**

- Right to self-determination
- Presumption of capacity
- "Decisional" capacity
- Incapacity is domain-specific
- Guardianship a momentous legal event (legislated removal of a legislated right identified in the Canadian Bill of Rights)

## Rights Advice/Right of Refusal

- Assessor *must* explain:
- The purpose of the assessment
- Significance/effect of a finding of capacity/incapacity
- The right of refusal....unless assessment is court ordered by an application to the Ontario Court

# 2 Types of Assessments (Needs Activated)

The 2 areas of major concern which provided the unmet needs to be satisfied:

- Assessment of capacity to manage Property
- Assessment of capacity to manage Personal Care: Health Care, Nutrition, Shelter, Clothing, Hygiene or Safety.

N.B.: A last resort where a person needs someone else to make decisions on his/her behalf on a long term basis.

#### Reasons for Assessment

- To fulfill the requirement for statutory guardianship
- To activate/revoke a power of attorney for property
- To activate/revoke power of attorney for personal care
- To terminate statutory guardianship
- To activate/terminate a Court Ordered Guardian of property or person

#### Process in Assessment

- Form 4- Request for assessment
- Contract for service
- Capacity assessment interview
- Consent to review medical charts/records (PHIPPA)
- Corroborating information
- Completion of prescribed forms
- Notification of finding
- Attendance at Consent & Capacity Board- if decision challenged (post 6 months)

#### Reference Standard

Does a person have sufficient cognitive ability to meet some minimally acceptable level of financial or personal care management? (i.e., How much is enough?)

Not is a person capable of making fully informed choices nor capable of objective cost-benefit analysis of the decision to be made (consistent with socio-cultural norms)

## S.D.A. Definition of Mental Capacity

2 part definition to be satisfied:

Person must have the ABILITY TO
 UNDERSTAND relevant information, AND

Demonstrate the ABILITY TO APPRECIATE the consequences of a decision or lack of a decision

#### Operationalizing "U & A"

#### Understand

- Refers to a person's COGNITIVE ABILITIES to factually understand and retain information
- Demonstrate understanding through some ACT OF COMMUNICATION, the ability to express oneself (verbally or through symbols or gestures or whatever)
- Understanding of options

# Operationalizing "U & A" Appreciate

- Refers to the evaluative nature of decision making (*REASONING PROCESS*)
- Application of the facts to one's personal situation (*PERSONAL MEANING*)
- A reasoning process devoid of distortions
- Must be reasonably grounded
- Realistic appraisal of outcome
- Justification of choice

## Incapacity

- Failure on ANY of the 4 criteria:
  - 1. Factual knowledge base
  - 2. Understanding of options
  - 3. Realistic Appraisal of outcome
  - 4. Justification of choice

### #1: Factual Knowledge Base

- Able to provide an approximate accounting of the situation in question (P or P.C.)
- Able to identify those essential personal care/financial tasks and commitments he/she is called upon to perform

## #2: Understanding of Options

- Able to comprehend information about options and attending risks/benefits
- Ability to understand information/ideas at a conceptual level and to retain the essential information long enough to come to a decision
- Able to remember choices an to express choices in a stable consistent manner

### #3: Realistic Appraisal of Outcome

Realistic estimation of foreseeable consequences (vs. lack of insight)

Assignment of personal meaning or significance to any one outcome (vs. pathologic distortion of circumstances)

#### #4: Justification of Choice

- Not looking at the "wisdom" of the reasons....looking at the process.
- Stupidity not = incompetence
- Decision-making clearly a reasoned one (logically consistent...a chain of well reasoned steps)
- Reasoning predicted on premises that are known to be true or grounded in reality

# Mental Incapacity to Manage Property

"A person is incapable of managing property if the person is not able to understand information that is relevant to making a decision in the management of his or her property or is not able to appreciate the reasonably foreseeable consequences of a decision or lack of decision". (SDA, s.6)

#### Mental Incapacity to Manage Personal Care

"A person is incapable of personal care if the person is not able to understand information that is relevant to making a decision concerning health care, nutrition, shelter, clothing, hygiene or safety, or is not able to appreciate the reasonably foreseeable consequences of a decision or lack of decision" (SDA, s.45)

#### Typical Assessment

- Majority of requests to conduct assessments of capacity concern the management of Property under s.16 (statutory guardianship)
- Statutory guardianship: Ontario will do it for you
- No distinction between ability to manage simple versus complex estates. Cannot have partial capacity with respect to managing Property

## Right of Refusal

A person retains the right to refuse the assessment or withdraw his or her participation at any point in the process.

Court ordered assessment are excepted (the Court says "you shall".)

# Rights Advice Obligation of the Capacity Assessor

- To fully explain to the person the purpose of a capacity assessment and the assessor's role
- 2. The significance and the effect of a finding of capacity or incapacity
- 3. Right to refuse to be assessed

## A finding of Incapacity will mean one of the following:

- The PGT becomes the statutory guardian
- A power of attorney for Personal Care is in effect
- > A power of attorney for Property is in effect
- Support for an application to court for guardianship of the person or of property
- Statutory guardianship cannot be terminated without a finding of capacity

#### A finding of Capacity will mean:

- The PGT will not become the statutory guardian
- The power of attorney will not be in effect
- The statutory guardianship will be terminated upon notice to the guardian
- The court appointed guardian of property or person may be terminated

## **Optional Rights Information**

- Six months after a finding of incapacity, an individual is entitled to apply to the Consent and Capacity Board for a review of the finding (the right of appeal)
- An interesting legal process

# The What, Who and When of Capacity Assessment (3 Ws)

#### What:

An assessment of ability to make decisions about Property and Personal Care as detailed in *The Substitute Decisions Act*, 1992

#### 3 Ws cont.

#### Who:

Assessment conducted by specifically trained and qualified capacity assessors. In most situations the designated capacity assessor is the *only* professional authorized by law to make the determination

#### 3 Ws cont.

#### When indicated:

- A person has no valid P.O.A. and may not be capable of making decisions about property or personal care.
- Where a P.O.A. does exist and specifies an assessment occur for the P.O.A. to be activated.
- Where there is no stipulation in a P.O.A. as to how it comes into effect.

# Questions & Comments

# Thank You!

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