



Ontario Society of
Occupational Therapists



BREAKING BARRIERS



Invitation to Attend

Join us in Mississauga, Ontario for the OSOT 2016 Conference – 26 workshops, 36 poster presentations, unique student programming, a terrific social and networking galore!

Welcome Friends and Colleagues:

As occupational therapists – no matter what the practice area – we encounter various barriers throughout our day and career... the question becomes what do we do about these barriers?

Whether it's...

- being denied approval for funding for a client's modified vehicle
- not gaining authorization for that extra client visit
- having services covered by extended health insurance plans
- feeling over-whelmed with high case loads
- not achieving "work-life" balance
- not being able to find that "ideal job", or ...

Feeling as though that OT voice is not being heard at an organizational, policy, or government level – these are all barriers that OTs face in their practice and daily lives. Do any, or all resonate with you?

We invite you to the OSOT 2016 Conference at the Hilton-Mississauga/Meadowvale on September 23 & 24 to share with your colleagues; to talk about the barriers that you are facing. Conference provides that perfectly balanced environment in which to network with colleagues, while at the same time challenging yourself to think through situations in a unique and solution focused way. For some barriers, it can all be in how you re-think the situation. Hear from leading experts - your colleagues from around the province and learn some unique ways to tackle the everyday barriers faced in OT practice today.

Despite these barriers – we know just how resilient OTs are! OTs CAN & DO rise to any challenge. OTs are creative, innovative, efficient and are breaking barriers to achieve new levels of best practice and leadership every day. **Let's DO this!** Come for the camaraderie and insightful learning and be sure to stay for the fun!

We look forward to seeing you there!

Your 2016 Conference Planning Team,

Allison Rinne BHSc, MSc(OT), OT Reg. (Ont.)

Dilini Mohan BHSc, MSc(OT), OT Reg. (Ont.)

Emily Stairs OT Reg. (Ont.)

Laura Hayos BPHE, BAH, MSc(OT), OT Reg. (Ont.)

Sarah Jimenez BHSc, MSc(OT), OT Reg. (Ont.)

Seema Sindwani BSc, OT Reg. (Ont.)



Conference Highlights | KEYNOTE SPEAKERS

Friday 9:00 am – 10:00 am



Michael K. Iwama PhD, OT(C)
Chair & Professor - Department of
Occupational Therapy
College of Allied Health Sciences
Augusta University

Like A River; Breaking Barriers in Occupational Therapy

Life is like a “river”. The course of a river makes its way over varied terrain, making many turns along the way. At every turn, barriers can appear to stop or slow you down.

The flow of life – its speed and quality is influenced and determined by a multitude of factors; personal ability, effort and will, social and physical environment, and the characteristics of the barriers that stand in the way.

Occupational therapists help enable people’s lives to flow powerfully and beautifully.

For every breach of or break in the barrier, there is a “tipping point” – the point at which a combination of factors converge - to open a breach in the flow. Until the tipping point is reached, effort and will are applied (and it is rarely one dimensional). Malcolm Gladwell, in his book – *Tipping Point* refers to this as the “moment of Critical Mass”, “the threshold”, or “boiling point” that precedes change.

Our lives are like rivers. If we look back and identify key events that have altered or enabled the flow in our lives, we can reflect upon those factors that were taken to the point of “tipping”. The Kawa (Japanese word for river) metaphor can help us take a multi-dimensional understanding of the barriers that our client’s face in daily living and what factors need to be brought to a “tipping point”. We can apply such lessons/knowledge in configuring a more powerful and effective occupational therapy to enact positive change in our client’s lives.

In this talk, I will use the Kawa Model as a backdrop to help colleagues envision the key concepts for better life flow. I will also share anecdotes of my own life experience of acculturating past cultural barriers, and the experience of overcoming barriers in conventional occupational therapy in bringing the first substantial Model of occupational therapy to be developed outside of the English speaking, western world.

Saturday 8:45 am – 10:00 am



Luke Anderson
Founder of Stop Gap Foundation

Shifting Perspectives and Realizing the Importance of a Barrier Free Society

Join **Luke** and **Maayan**, as they discuss the importance of realizing a barrier free society.

Touching on personal experiences, they will both share creative strategies to achieve a world of inclusion, creating access to physical and digital spaces for all.



Maayan Ziv
Founder of AccessNow



BREAKING BARRIERS

OSOT
Conference
2016

Conference Highlights | FEATURED EVENTS!



Opening Ceremonies

Friday 8:45 am – 9:00 am

Join the OSOT Conference 2016 Planning Team at the Opening Ceremonies on Friday morning at the Hilton-Mississauga/Meadowvale. Allow us to welcome you to OSOT Conference 2016 and begin your conference experience in a fun and inspiring way!

AGM Luncheon

Friday 12:00 pm – 1:30 pm

Celebrate the accomplishments of the Society in the past year; learn of our challenges, visions and plans. The Annual General Meeting is kept brief but informative and offers an opportunity for a short members' forum. This luncheon is included in your conference registration. OSOT members not attending the conference may attend the AGM portion without charge. The meeting is scheduled for 12:45 pm – 1:30 pm. Members not attending the conference but wishing to enjoy the AGM luncheon may select this option on the REGISTRATION FORM for a cost of \$50.

Exhibit Hall Reception

Friday 5:00 pm – 7:00 pm

End your day socializing with colleagues and networking with vendors and exhibiting organizations! Join us for the official opening of the Exhibit Hall and let the festive occasion be an early start to October's OT Month celebrations!

Friday Evening Social Event | 7:15 pm – 11:00 pm

Tickets: \$45.00 per person (Light Food Stations and Entertainment Provided. Cash bar available.)

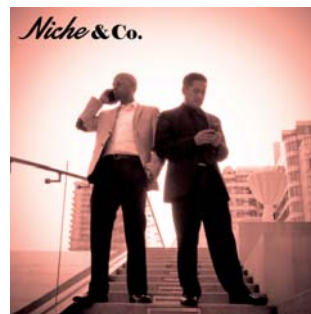
Hit the Dance Floor with Your OT Colleagues!

This year's conference social has something for everyone! We've heard from our colleagues that they would love an opportunity to unwind to a night of dancing after an inspiring day of networking and learning... So we hope to deliver on a social experience that exceeds your expectations. Conveniently taking place within the Hilton itself, you can walk on over immediately following the Exhibit Hall Reception.



Whether you prefer to be a spectator ... The **Dance Ability Movement** believes that everyone can dance! OT sisters **Mallory & Jade Ryan**, with a team of dedicated instructors, create opportunities for dancers of all abilities to experience the arts while promoting inclusivity in the community.

Or... Want to learn a fun, new skill... Join Dance Instructor **Sasha Tahiliani** for your very own Group Latin Dance Lesson! **Salsa** is a sizzling, energetic, and popular form of social dance with strong influences from Latin America. It is known for its fun spins, sharp movements, crisp turns, and Cuban hip motion. We will also explore these basic movements as well as those of other Latin dances including bachata, merengue, and cha-cha.



Not into the lesson and prefer to show us your own moves? Fabulous... Hit the dance floor as DJ's **Chris & Nigel** from **Niche&Co.** spin the beats and take all your song requests!

Join us for a great evening of ... food, fun and movement!



BREAKING BARRIERS



Agenda AT-A-GLANCE

Friday, September 23

- 8:00 am - 8:45 am **Breakfast & Registration**
- 8:45 am - 9:00 am **Opening Ceremonies & Welcome**
- 9:00 am - 10:00 am **Keynote Speaker | Michael Iwama**
Like A River; Breaking Barriers in Occupational Therapy
- 10:00 am - 10:30 am **Networking, Refreshment Break & the OSOT Research Fund Silent Auction Opens!**

10:30 am - 12:00 pm **MORNING WORKSHOPS 1A – 1F**

- 1A** Changing Practice Through Knowledge Translation
- 1B** Breaking Barriers Through Research: Home Modifications Reduce Health Care Costs
- 1C** Breaking Through Barriers: Enabling Canadian Immigrants Access to Health Care Services
- 1D** Accurate Upper Extremity Assessment: Shrinking the Barriers for Effective Treatment in Neurology
- 1E** Advancing Occupational Therapy Paediatric Mental Health Practice
- 1F** Learning To Be An Expert Witness in Personal Injury Cases

12:00 pm - 12:30 pm **Luncheon**

- 12:30 pm - 12:40 pm **Honorary Life Member Award Presentation**
- 12:45 pm - 1:30 pm **President's Address & OSOT Annual General Meeting**

1:30 pm - 3:00 pm **AFTERNOON WORKSHOPS 2A – 2F**

- 2A** Elder Care ↔ Elder Abuse: When It's a Fine Line, What Can We Do?
This workshop continues at 3:15 pm (3A)
- 2B** Accessibility / Inclusivity and Home Modifications – The Next Frontier
This workshop continues at 3:15 pm (3B)
- 2C** Driving in Ontario: The Occupational Therapist's Role in Screening for Medical Fitness to Drive
This workshop continues at 3:15 pm (3C)
- 2D** Promoting Quality Care and Rehabilitation for Patients with Obesity
This workshop continues at 3:15 pm (3D)
- 2E** Overcoming Barriers When Using Technology in the School Setting
- 2F** Risk Mitigation for Occupational Therapists / Responding to College Complaints

2:00 pm - 4:15 pm **Students: 'Exploration of the Exhibit Hall' – Scavenger Hunt**

3:00 pm - 3:15 pm **Networking & Refreshment Break**

3:15 pm - 4:45 pm **AFTERNOON WORKSHOPS 3A – 3F**

- 3A** Elder Care ↔ Elder Abuse: When It's a Fine Line, What Can We Do? (**2A – continued**)
- 3B** Accessibility / Inclusivity and Home Modifications – The Next Frontier (**2B – continued**)
- 3C** Driving in Ontario: The Occupational Therapist's Role in Screening for Medical Fitness to Drive (**2C – continued**)

- 3D** Promoting Quality Care and Rehabilitation for Patients with Obesity (**2D – continued**)
- 3E** Breaking Barriers – Expanding Roles: Sensory Integration Theory and Mental Health
- 3F** Glasgow Outcome Scale – Extended: Definition and Administration of the Structured Interview

5:00 pm - 7:00 pm **Exhibit Hall Reception & Poster Viewing**

7:15 pm - 11:00 pm **Friday Evening Social Event | Hit the Dance Floor with Your OT Colleagues!** Located at the Hilton-Mississauga/ Meadowvale

Saturday, September 24

8:00 am - 8:45 am **Breakfast & Poster Viewing in Exhibit Hall**

8:45 am - 9:00 am **Welcome**

9:00 am - 10:00 am **Keynote Speakers | Luke Anderson and Maayan Ziv** Shifting Perspectives and Realizing the Importance of a Barrier Free Society

10:00 am - 10:30 am **Networking, Refreshment Break, OSOT Research Fund Silent Auction & Poster Viewing**

10:30 am - 12:00 pm **MORNING WORKSHOPS 4A – 4F**

- 4A** Consent: Knowing and Doing
- 4B** Critical Conversations: What a Difference a Decade Makes!
- 4C** Mental Health 101: What To Do When Your Client is in Crisis
- 4D** Breaking Through Barriers: Lessons Learned in Transforming School-based Practice
- 4E** OT in Private Practice: The Story Unfolds. . .
- 4F** Students & New Graduates: Speed Mentoring – A Fun Way to Learn!

12:00 pm - 1:30 pm **Lunch in Exhibit Hall, Final Poster Viewing & Silent Auction Closing!**

1:30 pm - 4:45 pm **AFTERNOON WORKSHOPS 5A – 5F** *(includes a refreshment break from 3:00 pm - 3:15 pm)*

- 5A** Low Vision Rehabilitation and Occupational Therapy: Breaking Down Barriers
- 5B** Leaping Dementia Communication Barriers Using a Positive Physical Approach
- 5C** Building Psychological Resilience Through Intentional Activities: New Strategies for Occupational Therapists
- 5D** Universal Design for Learning: School-based Occupational Therapy Service in a Tiered Model
- 5E** Breaking the Barrier of Starting Your Own Private Practice – The Nuts and Bolts of Getting Started and Making it Sustainable
- 5F** New Grad Panel... You've Graduated... NOW WHAT!?

4:45 pm - 5:00 pm **Closing Ceremonies | Lucky Draw/Prizes | Claiming of Silent Auction Prizes**



Students & New Graduates



On Friday ...

2:00 pm - 4:15 pm

"Exploration of the Exhibit Hall" – Scavenger Hunt
–complimentary for OSOT Student Members!

Not a student member? An OSOT Student membership is complimentary! Join now by [CLICKING HERE](#) so you can take advantage of this complimentary exhibit hall experience!

Join your classmates along with 39 exhibitors in the conference exhibit hall! Use this time to network and engage with the many exhibitors who are an integral part of Conference and critical partners to most OTs' careers. Partake in the 'exhibit hall scavenger hunt' – traveling from one booth to the next to answer a skill testing question from each exhibitor.

There is no registration required for this Conference event (the "Exploration of the Exhibit Hall ONLY). Stay tuned to your email in early September for more information on how to participate as an OSOT student member.

7:15 pm - 11:00 pm

End your day by joining your OT colleagues at the one and only OSOT Friday Night Conference Social Event. This year's social event takes place at the Hilton and includes some wonderful dance performances by kids of all abilities, a group Latin dance lesson and a DJ spinning beats for the remainder of the night. Enjoy some munchies too as you dance the night away!

Back by popular demand... as part of OSOT Conference 2016 we are pleased to offer programming specifically designed to meet your learning needs!

We look forward to welcoming all students and new graduates to Conference! We understand that your conference and professional development needs may differ from a practicing clinician, as such we're pleased to offer you some unique and exciting learning opportunities!

On Saturday...

Once again we're pleased to offer an opportunity to connect with, and 'pick the brains' of, leading experts in the field. The **Speed Mentoring** session takes place from **10:30 am - 12:00 pm** and provides a fun and interactive experience for you as the "mentee" - whereby you can connect face to face with various OTs from across practice sectors. This is followed by an invaluable **Panel Presentation** from **1:30 pm - 4:45 pm** where you'll hear from 5 individuals that are likely to influence and inspire you as a student or as you embark upon making the leap from student to clinician. **See page 15 (4F) and page 17 (5F)** for more details on the speed mentoring and panel sessions. Your registration fee for attending the **Students/New Graduate Special Program** is only **\$90.00** (*we heard you and have not raised the fee for the past two years!*) The fee also includes: access to the keynote addresses, am/pm nutrition breaks, lunch in the exhibit hall, time for poster viewing and connecting with poster authors in the exhibit hall and even more time with exhibitors (just in case you didn't get all of those scavenger hunt questions answered!), the Conference closing ceremonies and time to network with OTs across Ontario, throughout the day.

NOTE: In place of attending these specific sessions geared towards students & new graduates you may choose to attend regular workshops on either Friday, or Saturday or over the course of both days. We're sure no matter your choice of programming your bound to have an enriching experience ([see page 19 for all fee options](#)).

OSOT Research Fund 5th Annual Silent Auction

Plan to participate in this profession-supporting popular event hosted over the course of the conference.

You'll want to be the top bidder on the amazing array of items – gorgeous handmade crafts, museum tickets, gift certificates, theatre shows, gift baskets and more!

You'll be supporting OT Research in Ontario while having lots of fun!

WHY NOT DONATE AN ITEM TO THE AUCTION? View the [Silent Auction Donation Form](#)



BREAKING BARRIERS



Posters • Poster Presentations Complement Your Learning Experience!

Poster authors will be present to discuss their posters during:

a portion of the Friday Evening Exhibit Hall Reception 5:30 pm - 6:30 pm | the Saturday Morning Break 10:00 am - 10:30 am | and a portion of the Saturday Lunch in the Exhibit Hall 12:30 pm - 1:30 pm

Mind.Me: Piloting a Technology-Friendly Youth Mental Health Program

Sarah Hobbs MSc OT (Candidate)
Nosheen Akhtar MSc(OT), OT Reg. (Ont.)
Krystin Donais MSc OT (Candidate)
Ramanjit Garcha MSc(OT), OT Reg. (Ont.)
Sandra Moll PhD, OT Reg. (Ont.)

Community Mental Health OT: Preceptors Needed

Jennifer Michetti MSc(OT), OT Reg. (Ont.)
Crystal Dielman PhD, OT Reg. (NS)

Outcome Measures Used in Fall Prevention Literature Targeting Neurological Conditions

Heather Shepherd MSc OT (Candidate)
Jennifer Joseph MSc OT (Candidate)
Rebekka Rieder MSc OT (Candidate)
Laura Hickey MSc OT (Candidate)
Janice Huang MSc OT (Candidate)
Marcia Finlayson PhD

Aphasia Camp – An Inclusive Recreation Case Study

Gemma Woticky BA, MPH

Enabling Safety, Health and Well-Being for Drivers with Musculoskeletal Conditions

Julie Lapointe PhD, erg., OT(C), OT Reg. (Ont.)
Tamalea Stone OT(C), OT Reg. (Ont.)
Janet Craik MSc(OT)(C), OT Reg. (Ont.)

Design and Efficacy of a Maximally Pressure- and Tone-Reducing Wheelchair

Andrea Dyrkacz BMR (OT), BA, MDiv, OT Reg. (Ont.)
Candy Pleasance OTA

Backing into Infection Control – Managing Surfaces to Reduce Hospital-Acquired Infections

Andrea Dyrkacz BMR (OT), BA, MDiv, OT Reg. (Ont.)
Candy Pleasance OTA
Alanna Davis BSc, MSc(OT), OT Reg. (Ont.)

Occupational Performance Within Intensive Care Units: Patient and Family Perspectives

Audrey Miro BSc (Hons), MSc OT (Candidate)
Tessa Grant BSc (Hons), MSc OT (Candidate)
Andrea Dyrkacz BMR (OT), BA, MDiv, OT Reg. (Ont.)
Katy Keyes BA, MSc(OT), OT Reg. (Ont.)
Alexis Seaman BHSc, MSc(OT), OT Reg. (Ont.)
Vithya Sivanesan BHSc, MSc(OT), OT Reg. (Ont.)
Paula Rowland PhD, OT Reg. (Ont.)

Functional Outcome Following Surgical Management of Spinal Metastases

Andrea Dyrkacz BMR (OT), BA, MDiv, OT Reg. (Ont.)
Heather Sloman MSc, BSc OT, OT Reg. (Ont.)
Natali Mizdrak BSc (Hons), MSc(OT), OT Reg. (Ont.)
Siva Balaskantha BSc (Hons), MSc(OT), OT Reg. (Ont.)
Sue Gowans PhD

OTA/PTA Current Trends and Perceptions in Practice

Jacklyn Penner OTA&PTA
Mandy Snively OTA&PTA

Dancing with a Disability: A Phenomenological Study with Youth

Mallory Ryan BHSc (Hons), MSc(OT), OT Reg. (Ont.)
Jade Ryan BA Kin (Hons), MSc(OT), OT Reg. (Ont.)
Amanda Waning MSc OT (Candidate)
Alexandra Leibner MSc OT (Candidate)
Deb Cameron PhD, OT Reg. (Ont.)

Management Of Involuntary Movements: A Scoping Review

Rebecca Horsford BA, MSc OT (Candidate)
Kirstie Webb BA, MSc OT (Candidate)
Amber Bhangoo BA, MSc OT (Candidate)
Setareh Ghahari Bsc, Msc, PhD, OT Reg. (Ont.)

The Cognitive Performance Test: A Disconnect in Practice or Purpose?

Rachel Emonts MSc OT (Candidate)
Mallory Rotman MSc OT (Candidate)
Sylvia Davidson MSc, BSc OT, OT Reg. (Ont.)

Using FITBIT® to Increase Walking Activity in Individuals with Schizophrenia

Amanda Buschau BSc, MSc OT (Candidate)
Andrew Reddick BPHE, MSc OT (Candidate)
Gord Hirano MSc, BHSc OT, OT Reg. (Ont.)
Jocelyn Harris MSc, BHSc OT, OT Reg. (Ont.)

5 Years of Team Development: Advancing Interprofessional Education and Care at a Community Academic Hospital

Daphne Flatt BSc OT, MEd
Voula Christofilos BASc RD, MEd
Rick Penciner MD, MSc, CCFP(EM), FCFP

Collaborative Rehabilitation for Frail Seniors: NYGH and CCAC Assess & Restore Project

Daphne Flatt BSc OT, MEd
Christina Polsinelli MSc(OT)
Alysia Catalano MHSc, CHE, PMP

The Continence Challenge Following a Stroke: Overcoming Barriers to Rehab

Anu Philip OT Reg. (Ont.)
Tina Chopra RN, BScN, MN
Teresa Carley PT

Providing Clients Permission to Discuss Sexuality: A Description of Occupational Therapy Practice

Ceilidh Cunningham MSc OT (Candidate)
Michelle Scott MSc OT (Candidate)
Natalie Paananen MSc(OT), OT Reg. (Ont.)
Lauren Schwartz MSc(OT), OT Reg. (Ont.)
Debbie Hebert MSc Kin, BSc OT, OT Reg. (Ont.)

Workplace Accommodations After Brain Injury: What Works?

Alissa Fingold MSc OT (Candidate)
Jenna Gourdeau MSc OT (Candidate)
Mary Stergiou-Kita PhD, OT Reg. (Ont.)
Angela Colantonio PhD, OT Reg. (Ont.)



BREAKING BARRIERS



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Children with Disabilities Experiencing Obesity: What is the OT Role?

Katie Isenor BSc (Hons), MSc(OT)
Megan Wasyluk BHK (Hons), MSc(OT)
Nick Reed PhD, MSc(OT), OT Reg. (Ont.)
Amy McPherson PhD, CPsychol, AFBPsS Scientist

Long-Term Effects of Multi-system Trauma on Mental Health and Participation

Kaliani Mahalingam MSc(OT), OT Reg. (Ont.)
Yangmei Li PhD
Marlene Santos MD
Katie Churchill MSc(OT), OT Reg. (Ont.)
Jane Topolovec-Vranic PhD

HIV & Rehabilitation: Piloting An Inter-Professional Online Learning Program

Sandra Moll PhD, OT Reg. (Ont.)
Heather Schooley MSc OT (Candidate)
Bonny Jung PhD, OT Reg. (Ont.)
Allison Sohanlal MSc, CCLS
Mike Kirk M.A.
Todd Tran MScCH, OT Reg. (Ont.)
Patty Solomon PhD, PT

Present and Future Roles of Occupational Therapists in Reducing Poverty

Timothy Park MSc OT (Candidate)
Roshan Jayaratne MSc OT (Candidate)
Lynn Cockburn PhD, OT Reg. (Ont.)
Michael Polanyi

A Scoping Review: Cognitive Strategy Use in the Rehabilitation Literature

Shankari Sivarajasingam MSc OT (Candidate)
Natalie Bonello MSc OT (Candidate)
Rehana Hirji MSc(OT), OT Reg. (Ont.)
Jane Davis MSc(OT), OTR OT(C), OT Reg. (Ont.)
Helene Polatajko PhD, OT(C), FCAOT, FCAHS, OT Reg. (Ont.)

Rehabilitation & Dementia: Inpatient Interprofessional Team Perspectives

Meridith McClenaghan BHSc, BSc OT, MRSc, OT Reg. (Ont.)
Lesley Bainbridge BSR(PT), MEd, PhD

Exploring the Validity of the Paediatric Activity Card Sort

Jane Davis MSc(OT), OTR OT(C), OT Reg. (Ont.)
Maggie Sin BA, MSc OT (Candidate)
Tatiana Barcelos Pontes PhD, BSc OT
Helene Polatajko PhD, OT(C), FCAOT, FCAHS, OT Reg. (Ont.)

Diversity of Early Psychosocial Interventions for Clients with Psychotic Disorder

Seung-Jun Park MSc OT (Candidate)
Kelsey Duffy MSc OT (Candidate)
Taylor Brewster MSc OT (Candidate)
Donna Dennis MA, BSc OT, OT Reg. (Ont.)

Perspectives of Youths with Intellectual/Developmental Disabilities on Friendships and Shared Occupations

Debra Cameron PhD, OT Reg. (Ont.)
Chantelle Carnegie BSc Kin (Hons), MSc OT (Candidate)
Eunice Fung BSc (Hons), MSc OT (Candidate)
Rebecca Renwick PhD OT(C), OT Reg. (Ont.)

Examining Pre-Retirement Planning Programs: A Scoping Review

Gillian Kyle MSc OT (Candidate)
Katherine Suthers MSc OT (Candidate)
Barry Trentham PhD, OT Reg. (Ont.)
Jill Stier MA, OT Reg. (Ont.)

Addressing Barriers Through Interdisciplinary Field Placements: Developing Opportunities, Collaboration and Preparedness for Practice

Teresa Avvampato MSc(OT), OT Reg. (Ont.)
Mary-Ann Nova BA, BEd
Lorraine Closs BA, BSW, MSW, RSW
Kelly Patterson BSc OT, OT Reg. (Ont.)
Kim Marven BSc OT, OT Reg. (Ont.)

Gendered Experiences of Children with Disabilities in School-Based Occupations

Emily Vickery MSc OT (Candidate)
Neva Hui MSc OT (Candidate)
Debra Cameron PhD, MEd, BSc OT, OT Reg. (Ont.)
Janet Njelesani PhD, OTR/L

Accessto: Moving Towards a More Accessible Community

Hardeep Singh MSc OT (Candidate)
Jane Tam MSc OT (Candidate)
Jill Stier MA, OT Reg. (Ont.)
Barry Trentham PhD, OT Reg. (Ont.)

Rehabilitation Consultation: An Integrated Model in Neuro-Oncology Care

Ilyse Lax MSc(OT), MA, HBA
Maureen Daniels RN
Cheryl Kanter
Warren Mason MD, FRCPC
Kim Edelstein PhD, CPsych

Working in and with the Community, Co-Creating Age-Friendly Cities

Caroline Rijkers MSc, BSc OT

Imagine the Possibilities: Mental and Motor Imagery Evidence and Practices

Tara Packham PhD(c), OT Reg. (Ont.)
Andrea Hebert BSc OT, OT Reg. (Ont.)
Jocelyn Harris PhD, OT Reg. (Ont.)

The OSOT Research Fund: Supporting OT Research in Ontario

Ontario Society of Occupational Therapists



Thank you to LMS ProLink for their long standing dedication as a primary OSOT Conference Sponsor. We truly value the contribution they continue to make to the learning needs of Ontario occupational therapists.

CLICK HERE
for more information or
to review all poster abstracts



BREAKING BARRIERS

Friday

September

23rd

Morning Workshops • 1A - 1F

10:30 am - 12:00 pm

1A Changing Practice Through Knowledge Translation

Sheilagh Sherman BA, MHM, BHSc OT, OT Reg. (Ont.) – Sunrise Medical Inc.

“Change is the only constant in life.” Heraclitus, a Greek philosopher, may have been at the forefront of change management theory when he wrote what has become this well-known quote. In healthcare, change occurs on many levels, from organizational restructuring to program changes to practice change based on clinical practice guidelines to providing staff/caregiver training, whether for transfers, or other duties. This workshop will review some of the main theories related to change management, including Kotter’s 8-Step Process for Leading Change, but will focus primarily on leading practice change through the application of Knowledge Translation principles. The Canadian Institutes of Health Research (CIHR) Knowledge to Action Process Model will be highlighted and each phase of the cycle will be reviewed, including assessing barriers/facilitators to knowledge use and selecting appropriate evidence-based interventions to overcome barriers. A practical application of the model will be described, with an example given related to staff training. Theories related to adult education and learning styles will also be discussed, in relation to staff training. Participants will be encouraged to reflect on how to apply knowledge translation to effectively lead change in their practice settings, whether in changing clinical practice or in informing/altering actions of staff/caregivers. **OBJECTIVES:** participants will be able to articulate at least 2 change management theories; be able to describe at least 5 phases of the CIHR Knowledge to Action Process model; and be able to apply the Knowledge to Action Process in their work setting either to affect clinical practice change or to inform staff/caregiver actions.

1B Breaking Barriers Through Research: Home Modifications Reduce Health Care Costs

Kathy Glasser BA – March of Dimes Canada

Gail Mores – March of Dimes Canada

Home modifications for accessibility result in people with disabilities remaining in their homes for longer periods of time. In Ontario, this has reduced the strain on our health care system and reduced the need for additional Long Term Care beds. Since 1999, March of Dimes Canada has administered the Home and Vehicle Modification Program on behalf of the Ontario Ministry of Community and Social Services. In 2014, research was undertaken to evaluate the long-term benefits of home modifications funded through the program. This workshop shares the positive results of that research. A cost comparison of the daily cost of home modifications compared to the daily costs for in-home care and of a bed in a long term care home show the cost effectiveness of service provided. These cost comparisons yield a clear sense of the value provided when funding is offered to consumers to make their homes more accessible. The vision of March of Dimes Canada is “To create a society inclusive of people with physical disabilities.” Participation in this conference is a step toward breaking through barriers to create an inclusive society. Together we can work toward developing a National framework to offer equal access to home modifications for all Canadians. **OBJECTIVES:** participants will understand the value provided through home modifications in Ontario; obtain tips to assist consumers as they consider home modifications; gain new insights into the Home and Vehicle Modification program including eligibility criteria, application and modification proposal process; discuss alternative sources of funding; and share ideas and help to frame the development of information and resources to support discharge planning for people requiring home modifications.

1C Breaking Through Barriers: Enabling Canadian Immigrants Access to Health Care Services

Setareh Ghahari BSc, MSc, PhD, OT Reg. (Ont.) - Queen’s University School of Rehabilitation Therapy

Shahriar Parvaneh BSc, MSc, PhD - Queen’s University School of Rehabilitation Therapy

Research shows significant decline in health of immigrants four years after settling in Canada. For some immigrants - especially refugees – health issues are one of the most troublesome challenges from the time they enter the country. Despite their needs, there is strong evidence that immigrants experience inequity in accessing Canadian health care services (CHCS). Lack of information on how to access CHCS is one of the most important barriers that Canadian immigrants face. For immigrants, accessing health services is the first and most critical step to the self-management of their conditions. For some it even becomes an all-encompassing occupation. Immigrants need to: 1) Gain an understanding of how the health care system works; 2) Have effective communication skills to work collaboratively with health care providers; and 3) Gain skills to access health related information and resources. Occupational therapists have a dual responsibility to ensure that clients have access to therapy services and to also take a leading role in supporting clients themselves to successfully access and navigate health services. The goal of this interactive workshop is to provide occupational therapists, with the knowledge and resources to enable immigrants to break through barriers to access health services. The presenters will examine current literature on existing barriers and will review best practice in supporting clients to navigate complex systems. The workshop will provide hands-on activities and strategies that can help immigrants manage the occupation of finding needed services, overcoming barriers to access, and developing skills to better communication with their health providers. Participants will also be provided with handouts including communication tips and tools and lists of available resources in Ontario. The workshop will also introduce the Accessing Canadian Healthcare for Immigrants: Empowerment, Voice & Enablement (ACHIEVE) program that is newly designed by occupational therapists to enable immigrants to build knowledge, experience, and self-confidence in navigating the health care system, specifically in Ontario. **OBJECTIVES:** participants will be able to describe the barriers for healthcare access for immigrants; gain skills to support immigrants to access healthcare services to address clients’ needs and overcome barriers to equitable care; and be able to implement practical strategies to support immigrants’ navigation of the healthcare system.



BREAKING BARRIERS

Friday

September

23rd

Morning Workshops • 1A - 1F continued

10:30 am - 12:00 pm

1D Accurate Upper Extremity Assessment: Shrinking the Barriers for Effective Treatment in Neurology

Anna Greenblatt BOT, OT Reg. (Ont.) – Independent Consultant

A major barrier to effective treatment of the upper extremity in neurology is imprecise, or inaccurate assessment of the cause of the problem. In order to treat an impairment, or movement dysfunction it is important to know what the cause of the problem really is. It is important to revisit the clinical assumptions made historically and examine alternate explanations for our clinical observations. It is no longer acceptable to explain postural imbalances and stereotyped postures and movement by stating that the abnormalities are caused by flaccidity, or spasticity. This workshop will examine the most common imbalances seen following stroke and treatment ideas for correcting these imbalances and asymmetries will be presented. Alignment problems will be discussed in detail along with suggestions for treatment. Questions and discussion are encouraged and will be addressed within the time confines. **OBJECTIVES:** participants will understand the importance of correct assessment; will gain enhanced assessment skills; and be able to explore treatment approaches to correct imbalance and instability in the upper extremity caused by malalignment.

1E Advancing Occupational Therapy Paediatric Mental Health Practice

Donna Dennis MA, OT Reg. (Ont.) – University of Western Ontario

Kait Hammel HBSc, MSc(OT), OT Reg. (Ont.) – Lynwood Charlton Centre

Sue Wahl OT Reg. (Ont.) – Pathways Therapy

Lisa White OT Reg. (Ont.) – McMaster Children's Hospital

Paediatric mental health is an area undergoing significant change and growth in Ontario and across Canada. Diverse restructuring, or development of new programs in many areas where paediatric services are currently or potentially provided, is a focus at the government level in numerous strategy documents across 4 ministries. This fast-growing area of change will provide many opportunities of advancing paediatric occupational therapy practice, particularly in the area of mental health. The time is ripe for paediatric occupational therapists to overcome some of the previous barriers of incorporating the mental health needs of our clients so that we are truly holistic in our practice. Therapists may be looking for concrete methods of integrating mental health into their practice in anticipation of this clinical transition period. A subcommittee of the OSOT Mental Health Team has recently formed with a focus on Child and Youth Mental Health with some members presenting this session. A brief introduction to the work and goals of the subcommittee will be provided as well as an overview of the revised Child & Youth OT Mental Health Screening Tool. The focus of the session will be showcasing current and innovative services being provided by occupational therapists, targeting mental health goals. Whether you are an occupational therapist in general paediatric services or already working in paediatric mental health, you may be informed and inspired by the wide range of services showcased in the session and find practical take home tips to incorporate more mental health interventions into your practice. **OBJECTIVES:** participants will learn about the newly formed OSOT Child and Youth Mental Health Committee as a potential networking and supportive resource for clinicians; participants will see the revised Child & Youth OT Mental Health Screening Tool which can be used to identify clients that may benefit from OT services; and participants will learn about occupational therapy services being provided to the child and youth mental health population as well as suggestions for incorporating more mental health services into present practice.

1F Learning To Be An Expert Witness In Personal Injury Cases

Richard Shekter – Shekter, Dychtenberg LLP

Richard will discuss the role of the occupational therapist who becomes an expert witness in a personal injury lawsuit. For many OTs who are involved in the assessment and/or treatment of clients who have been injured in motor vehicle or other accidents, the possibility of becoming an expert witness is an increasingly common event. It is, unfortunately, for many, both a daunting and demanding task. It is, also, a potentially terrifying process. Richard, a seasoned and experienced litigator in both representing health professionals in discipline hearings before their Colleges, and representing plaintiffs in catastrophic personal injury cases, has spent many years teaching health professionals how to be "expert witnesses". The workshop will review the role of the OT in the litigation process from the initial retainer by counsel, through the preparation of the OTs report, to the process of testifying at trial during an examination-in-chief and under cross-examination. OTs, along with most health professionals, have many questions and concerns about the process. How do expert witnesses and lawyers work together? What are the "do's and don'ts" of that relationship? What does an OT need to do during the preparation and drafting of an expert witness report? Can the OT speak to the lawyer during the preparation process? Can the OT speak to the lawyer about draft reports? How can the OT prepare for examination-in-chief and the inevitable cross-examination? What can you, as an OT, do to maximize your effectiveness as an expert witness while minimizing the possibility of professional embarrassment? Richard will review all of these issues during the course of his informative and entertaining workshop, along with providing time for a valuable question and answer period! **OBJECTIVES:** participants will: enhance their knowledge about their role as 'treating' health professional witnesses and/or 'expert' witnesses in personal injury cases; be able to develop skills to enhance their effectiveness as expert witnesses in court proceedings; be able to educate the practitioner to understand what they can expect, and how to respond to inquiries from, and/or work with, legal counsel involved in personal injury cases; will be able to reduce the possibility of professional embarrassment when acting as an 'expert' witness in a court proceeding.



BREAKING BARRIERS

Friday

September

23rd

Afternoon Workshops • 2A - 2F

1:30 pm - 3:00 pm

2A *This workshop continues at 3:15 pm (3A)*

Elder Care ↔ Elder Abuse: When It's a Fine Line, What Can We Do?

Sylvia Davidson MSc, OT Reg. (Ont.) – Baycrest Health Sciences

Judith A. Wahl BA, LL.B. – Advocacy Centre for the Elderly

Kara Ronald BA, BSc OT, MEd, OT Reg. (Ont.) – College of Occupational Therapists of Ontario

Patricia Fleischmann – Toronto Police Service - Elder Abuse Officer

Occupational therapists working with older adults often encounter situations where concerns arise related to potential issues of abuse. While we recognize the importance of client safety, we are often unclear about what our role should be, leading to questions such as: What is my duty? What is the client's capacity? Who else is involved? Who else should be involved? As well, we frequently encounter barriers that prevent us from making decisions with confidence. Over time, as this problem has received attention locally and at wider organization and government levels, policies have been developed that are designed to both guide clinicians in their understanding of what elder abuse is and provide direction in terms of roles and responsibilities. There are a number of tools available as resources, however, clinicians continue to struggle with their obligation, both at a legal and at a professional level and such dilemmas can create a great deal of moral distress. Based on participation by a panel of experts from the field of law, police services, clinicians and the College of Occupational Therapists of Ontario, this workshop will explore this sensitive issue, building on case examples and open discussion among participants. Roles and responsibilities will be highlighted and strategies will be proposed to help break through some of the barriers. It is hoped that an interactive approach to this topic will lead to increased confidence at an individual practice level while also informing potential organizational change. **OBJECTIVES:** participants will understand what constitutes elder abuse; be able to recognize their legal obligation in situations of suspected and confirmed elder abuse; and develop strategies based on a range of available resources to address elder abuse.

2B *This workshop continues at 3:15 pm (3B)*

Accessibility / Inclusivity and Home Modifications – The Next Frontier

Lesya Dyk OT Reg. (Ont.) – Lesya Dyk Services Inc.

John Groe – Accessible Daily Living

The conference is entitled "Breaking Barriers". This workshop will provide occupational therapists with a springboard in the area of accessibility and home and workplace modifications, to help "break through barriers" that their clients may have in their physical environment. It will also help OTs position themselves as an essential part of the process. Basics such as the Accessibility for Ontarians with Disabilities Act (AODA), the Ontario Building Code (OBC), and the Universal Design principles will be discussed. Therapists will learn the difference between the principles of Universal Design and Barrier-free design and discuss concepts such as accessibility vs. inclusivity. Case studies will be used to help OTs organize, gather and apply information about their client (whether they are an individual or an organization), and help make decisions around design principles that will address their needs. Tips on how to market OT services will be shared. OTs will also be asked what they need in terms of further education or training, and this information will be forwarded to OSOT, and the newly struck Home Modifications Canada steering committee for consideration and planning purposes. With AODA less than 10 years away from total compliance, it is important that OTs are ready to position themselves as leaders in this industry. **OBJECTIVES:** participants will receive information regarding legislation that drives the need for Accessibility and Barrier Free design; be able to understand the principles of Universal design, Barrier Free design, Accessibility and Inclusivity; and enhance knowledge regarding principles that will assist in the assessment process.

2C *This workshop continues at 3:15 pm (3C)*

Driving in Ontario: The Occupational Therapist's Role in Screening for Medical Fitness to Drive

Nellemarie Hyde BSc (OT), CDRS, OT Reg. (Ont.) – Saint Elizabeth Driver Assessment & Training

Brenda Vrkljan PhD, OT Reg. (Ont.) – McMaster University

Elinor Larney MHS (Health Administration), OT Reg. (Ont.) – Registrar, College of Occupational Therapists of Ontario

Every Occupational Therapist (OT), in their practice, addresses IADLs, and driving should be no exception. With upcoming changes expected in provincial legislation, Occupational Therapists in Ontario will be faced with the dilemma of discretionary reporting of drivers to the Ministry of Transportation when their medical fitness to drive has been questioned. The primary aim of this workshop is to build our professional capacity, competence and confidence to address the issue of medical impairment and driving as an occupational therapist working in Ontario. **OBJECTIVES:** participants will: understand the 3 tiers of OT expertise in driver screening, assessment and rehabilitation and consider where your role fits given your practice context; be able to improve familiarity with the key components of the pre-driving screening process including the use of key tools based on the best available evidence; demonstrate an increased awareness of the OT's role in the legislative requirements for medical fitness to drive in Ontario (i.e., advising physicians vs. discretionary reporting for OTs); and will understand COTO's expectations of OTs in protecting the public with respect to medically-impaired drivers.



BREAKING BARRIERS

Friday

September

23rd

Afternoon Workshops • 2A - 2F continued

1:30 pm - 3:00 pm

2D *This workshop continues at 3:15 pm (3D)*

Promoting Quality Care and Rehabilitation for Patients with Obesity

Mary Forhan PhD, OT Reg. (AB) – University of Alberta

Kelly Tough OT Reg. (Ont.) – Providence Healthcare

Jennifer Lee BSc, BHSc OT, OT Reg. (Ont.) – St. Joseph's Healthcare

The Bariatric Care and Rehabilitation Research Group (BCRRG) aims to improve the quality of care and reduce the disability experienced by persons living with obesity. A primary focus of this program of research is to determine best practice to promote safe, effective and efficient care for patients with obesity throughout the health care system that is also respectful and patient centered. In order to meet this objective, a group of health care professionals, including occupational therapists and patients with obesity have identified five key areas in which to target interventions. These include: equipment and design; healthcare professional education and training; healthcare system enablers and continuum of care. The purpose of this workshop is to raise awareness about the barriers faced by patients with obesity that restrict participation and engagement in services provided in hospital and institutional settings. The workshop will include a summary of evidence about factors associated with restricted participation in health care for patients with obesity and a description of current strategies used by occupational therapists and healthcare teams across Canada to promote quality care. Participants will work in small groups with a facilitator, to identify challenges they face providing occupational therapy services to clients with obesity and share solutions they have found to address such barriers. The workshop will conclude by identifying key strategies and knowledge dissemination plans on how occupational therapists can work together to share knowledge on how best to promote participation and enable occupation in patients with severe obesity. **OBJECTIVES:** participants will: enhance their knowledge about the factors associated with restricted participation in healthcare by persons with obesity; learn about strategies, networks and tools to address barriers to participation in healthcare situated in hospital and long-term care settings for patients with obesity; and will develop networks with researchers and clinicians to advance the quality of care and rehabilitation outcomes for patients with obesity.

2E **Overcoming Barriers When Using Technology in the School Setting**

Susan Schenk OT Reg. (Ont.) – Technology & Tools for Kids

There are many barriers that occupational therapists (OTs) face when it comes to using technology in the school setting. However, although OTs are trained to assess barriers and then design a plan to overcome them, we must first identify where the barriers for technology are coming from and how we can work around or through the barriers. This lets OTs support our clients in a whole new way when it comes to using technology. Technology is a powerful tool in supporting skill development. In order to fully harness the power of technology, OTs must work through 3 barriers: 1) Barriers within people – these barriers are within the OTs themselves, and their mindsets and perceptions about technology. What is their comfort level with using technology as a tool to support skill development? Barriers can also come from others, in their views of occupational therapists and how they see our role; 2) Barriers within tasks – these barriers are in the overall setup of technology when it comes to supporting skill development. Are we using technology in the most powerful way? What do we need to consider when looking at technology and the tasks that are put in front of our clients?; 3) Barriers within the setting or environment – these barriers are in the overall setting or environment that the client is in when using the technology device. How does the setting impact the use of technology? What needs to be considered when looking at different settings and what they offer our clients? **OBJECTIVES:** participants will: shift their perspective from barriers to possibilities when looking at the role of occupational therapy with using technology; be able to identify barriers to using technology based on where the barriers are coming from: people/task/environment; have an increased awareness of how to overcome technology barriers so clients can achieve success with this powerful tool; and have practical tools to take with them to increase their success with technology.

2F **Risk Mitigation for Occupational Therapists / Responding to College Complaints**

Lisa Hamilton – Bell Temple LLP

Richard Shekter – Shekter, Dychtenberg LLP

What must an occupational therapist know to ensure his, or her practice is compliant with the requirements of the College and the broader regulatory schemes that govern health professionals in Ontario? If a Complaint is filed with the College, what is the best response strategy? How does the complaints/discipline system at the College actually work? The most common practice issues that lead to College complaints and malpractice litigation, will be identified and discussed along with providing strategies to reduce risk. Resources available to assist OTs in applying these principles to their particular practice, will be provided along with information on measures that will lead to better protection for the OT in the event that a complaint or suit arises, including the appropriate type and scope of insurance coverage and when to call a lawyer. The second portion of the workshop will include a workshop on what an OT should do upon receiving a complaint. The complaints process will be explained, including what an OT can expect during an investigation, and how an OT can be called upon to respond to allegations of misconduct even if they've always been a good practitioner. Details about what an OT can do to prepare the best response, and how the College's decision-making process will be carried out, will also be provided. Workshop participants will be guided through the significant stages of the process including the options available to the Complaints Committee, the Discipline Committee and what the practitioner can do to protect his/her interests throughout. **OBJECTIVES:** participants will: enhance their knowledge about the rules and regulations they are subject to as members of the College; develop skills in risk mitigation in order to lower the likelihood of a complaint or malpractice suit; and will learn what to expect if a complaint arises and what role they can play when working with their counsel during the complaints and discipline process to ensure a favourable outcome.



BREAKING BARRIERS

Friday

September

23rd

Afternoon Workshops • 3A - 3F

3:15 pm - 4:45 pm

3A *Continued from (2A)*

Elder Care ↔ Elder Abuse: When It's a Fine Line, What Can We Do?

3B *Continued from (2B)*

Accessibility / Inclusivity and Home Modifications – The Next Frontier

3C *Continued from (2C)*

Driving in Ontario: The Occupational Therapist's Role in Screening for Medical Fitness to Drive

3D *Continued from (2D)*

Promoting Quality Care and Rehabilitation for Patients with Obesity

3E **Breaking Barriers – Expanding Roles: Sensory Integration Theory and Mental Health**

Ellen Yack MEd, BSc OT, OT Reg. (Ont.) – Ellen Yack and Associates Paediatric Therapy Services

There is a growing body of literature that is confirming the links between sensory processing and mental health. The theory of sensory integration provides a framework for understanding these links. Occupational therapy practitioners who utilize this framework are forging expanded roles in mental health and clinicians from other disciplines are recognizing the impact of this framework on their clinical reasoning, assessment practices and interventions. This workshop will highlight pioneering occupational therapists, whose knowledge and application of sensory integration theory have had a significant influence in the provision of mental health services. Internationally recognized Canadian occupational therapist Kim Barthel's work in PTSD and attachment disorders will be reviewed. Jane Koomar's work in trauma and attachment will also be discussed. Koomar collaborated in the development of SMART (Sensory Motor Arousal Regulation Treatment): A Manual for Therapists Working with Children and Adolescents: A Bottom Up Approach to Treatment of Complex Trauma (Warner, Cook, Westcott, Koomar, (2014). The practical resources developed by Tina Champagne and Karen Moore will also be introduced. Their publications provide a rationale for application of a sensory integration framework in adult mental health settings and offer a range of sensory motor strategies that can be utilized in in-patient and out-patient settings and at home and work. Included in the presentation will be a synopsis of the expansion of the occupational therapy role in mental health experienced by a private practice in the Toronto area. Barriers to service provision will be discussed and strategies to reduce barriers will be explored. Participants will leave with a greater appreciation of the expanding OT role in mental health. They will also be equipped with resources and practical tools that they can use with their clients. **OBJECTIVES:** participants will learn: the links between sensory processing and mental health; the role that occupational therapists who utilize a sensory integration frame of reference have in the provision of mental health services; about the provision of occupational therapy services to children and adults with mental health challenges in a private practice setting; and will be given practical tools that can support clients with mental health challenges.

3F **Glasgow Outcome Scale – Extended: Definition and Administration of the Structured Interview**

Judy Phillips BSc OT, OT Reg. (Ont.) – Judy Phillips Occupational Therapy Services

There are legislative changes pertaining to Catastrophic Definition that came into effect for motor vehicle accidents that take place on, or after June 1, 2016. One of the major changes to the SABS is that the Glasgow Coma Scale rating will no longer be a valid indicator of catastrophic impairment. In addition, use of the Glasgow Outcome Scale has been replaced by use of the Glasgow Scale – Extended. Individuals over the age of 18 years may be considered to have sustained a catastrophic impairment if he/she sustains a traumatic brain injury that is objectively proven by medically recognized brain diagnostic technology; and when assessed in accordance with Wilson, J., Pettigrew, L. and Teasdale, G., Structured Interviews for the Glasgow Outcome Scale and the Extended Glasgow Outcome Scale (Wilson, L., Pettigrew, L. and Teasdale, G., Journal of Neurotrauma, Volume 15, Number 8, 1998) at specific time intervals. Given the new changes to the SABS, there will be an increasingly important role for occupational therapists to assist with Catastrophic Impairment ratings and to be familiar with the Structured Interview. This workshop will review the barriers that some clients are experiencing after sustaining a traumatic brain injury and how these barriers and associated challenges are being translated into catastrophic impairment rating. A review of the GOS and GOS-E will take place. Attendees will learn when and how to administer and score the Structured Interview. Case examples will be provided and attendees will be given the opportunity to "score" case examples. **OBJECTIVES:** participants will: understand the difference between the Glasgow Outcome Scale and the Glasgow Outcome Scale – Extended; learn when and how to administer the structured interviews for the Glasgow Outcome Scale and the Extended Glasgow Outcome Scale; and will understand the interplay between the Assessment of Attendant Care Needs (Form 1) and the Structured Interviews for the Glasgow Outcome Scale and the Extended Glasgow Outcome Scale.



BREAKING BARRIERS

Saturday

September

24th

Morning Workshops • 4A - 4F

10:30 am - 12:00 pm

4A Consent: Knowing and Doing

Kara Ronald BA, BSc OT, MEd, OT Reg. (Ont.) – College of Occupational Therapists of Ontario

Marnie Lofsky OT Reg. (Ont.) – College of Occupational Therapists of Ontario

Sandra Carter OT Reg. (Ont.) – College of Occupational Therapists of Ontario

This case-based workshop is designed to explore consent in the context of diverse clinical practice settings. OTs are challenged with ever increasing complexity in client service delivery through emerging practice roles, evolving health systems and growing public expectations. Regardless of the area of practice or the client population, the first step in OT service delivery is obtaining informed consent. The goal of this workshop is to help OTs understand and apply the Standards for Consent in their practice and to identify strategies for removing perceived barriers throughout the consent process. **OBJECTIVES:** participants will: understand the foundation principles of consent for treatment and the collection, use and disclosure of personal health information; learn about proposed revisions to the Standards for Consent and trends influencing consent in OT practice; and will be able to apply the Standards for Consent to challenging clinical situations from diverse practice settings.

4B Critical Conversations: What a Difference a Decade Makes!

Andrea Dyrkacz BMR (OT), BA, MDiv, OT Reg. (Ont.) – University Health Network

Occupational therapists must recognize and respond to substantive and unforeseen external changes in the educational, social and economic landscape in Ontario that have significantly impacted their employment opportunities and professional development in this decade. With a clinical focus this workshop will outline five factors that are changing how occupational therapy is practiced in Ontario: 1) the gradual increase in the enrollment of students in Ontario pre-professional occupational therapy programs; 2) the move to 'just-in-time' staffing in healthcare organizations – with occupational therapy becoming a 'precariously employed' profession; 3) the lack of structured post-professional development and mentoring programs to rapidly 'up-skill' entry-level practitioners; 4) the high-cost of living in the Greater Toronto Area (and beyond) and how the cost of home ownership is changing the demography of occupational therapy in the GTA; 5) how all of these changes affect workplace health and safety. These factors will be discussed within the context of recent studies and surveys that have highlighted these emergent issues. Participants will be asked to determine both the threats and opportunities these factors pose for the profession of occupational therapy in Ontario, and how occupational therapists individually and collectively can respond to positively manage change. While not every external influence is within the power of the profession to change, how we recognize and respond to these influences will determine how occupational therapy evolves or devolves. **OBJECTIVES:** participants will: be able recognize the five external factors that are shaping who we are as occupational therapists in Ontario and how we practice; be able to create a forum to discuss how these changes act as threats and/or opportunities for the development of occupational therapy in Ontario; and using a tool/guideline created by the presenter – that outlines the key points of stress for OTs – participants can enhance their ability to better respond to external drivers that impact practice, and individually and collectively advocate for a positive response to change.

4C Mental Health 101: What to do When Your Client is in Crisis...

Gord Hirano MSc, BHSc OT, OT Reg. (Ont.) – Hamilton Program for Schizophrenia

Occupational Therapists working in physical medicine can frequently find themselves supporting individuals who present as upset, emotional or distressed. These situations can be challenging. Understanding how to attend and demonstrate understanding are foundational skills used in mental health to promote a supportive connection with clients especially during difficult times. This workshop will provide a framework for understanding *Attending* (non-verbal) skills and *Demonstrating Understanding* skills that can promote supportive responses to distressed individuals. **OBJECTIVES:** participants will increase understanding of "Attending (non-verbal) Behaviour"; will increase understanding of "Demonstrating Understanding"; and be able to start to be self reflective about these when responding to others.

Allied Health Professional Development Fund

REMINDER! You may be eligible for reimbursement of your 2016 Conference registration fees!

Registered Ontario occupational therapists may make application to the:

ALLIED HEALTH PROFESSIONAL DEVELOPMENT FUND

for potential reimbursement.

For more information, criteria and application materials visit: www.ahpdf.ca



BREAKING BARRIERS

Saturday

September

24th

Morning Workshops • 4A - 4F continued

10:30 am - 12:00 pm

4D Breaking Through Barriers: Lessons Learned in Transforming School-based Practice

Debra Stewart MSc, OT Reg. (Ont.) – Occupational Therapy Program, School of Rehabilitation Science, McMaster University, Institute of Applied Health Sciences

Significant changes are upcoming for occupational therapists working in the Ontario school system. The Ontario Special Needs Strategy, implemented by multiple ministries to improve rehabilitation service delivery for children with special needs, is spearheading a massive transformation of service delivery. Occupational therapists need to prepare and understand that there are potential barriers to change. Time and effort will be required to learn about and adopt evidence-informed change management strategies. The purpose of this workshop is to present “lessons learned” from a two year study of “Partnering for Change” (P4C), an innovative and transformative occupational therapy service model that is delivered in elementary schools. The P4C model uses a tiered approach to service delivery, in which an occupational therapist is in a school for a whole day on a regular basis. In this study, fifteen occupational therapists provided P4C services in 40 schools (3 different school boards). The lessons learned will focus on the role of change agent that the occupational therapists had to take on in order to address personal and system barriers to change and to build the capacity of everyone involved in the implementation process. The importance of building strong partnerships in the initial stages of implementation, and the need for training and ongoing mentorship will be highlighted. Recommendations will be discussed that build on these “lessons learned” for the future, to enable occupational therapists to respond positively and proactively to the Ontario Special Needs Strategy and to implement evidence-informed services in schools moving forward. **OBJECTIVES:** participants will become familiar with change management strategies relevant to school health practice; will be able to recognize the skills required to be a change agent in school settings; and be able to understand impending changes to school health service delivery.

4E OT in Private Practice: The Story Unfolds...

Ajay Uppal BSc (OT), OT Reg. (Ont.) – APKA Health INC

Are you ready for private practice in occupational therapy? Do you want to be your own boss? What tools and techniques are required for success in any industry? How do I start? The healthcare climate has changed over the past decade and occupational therapists may not have similar opportunities in traditional work environments. There is an aging population and limited funds allocated to the province’s public sector healthcare. This workshop will reveal the story behind how an occupational therapist entrepreneur built a private health service provider corporation starting with one referral. It will help enhance your understanding of what types of marketing materials/assessment tools are required to begin your practice. It will enhance your knowledge of a metaphysical approach to occupational therapy that can also be transferred to any type of business. You will find out, or at least you will get an idea as to whether private practice is really for you. **OBJECTIVES:** participants will: enhance their understanding of what types of marketing materials/assessment tools are required to begin your practice; enhance their knowledge of a metaphysical approach to occupational therapy that can also be transferred to any type of business; and will find out, or at least they will get an idea as to whether private practice is really for them.

4F Students & New Graduates: Speed Mentoring – A Fun Way to Learn!

Auto Insurance / Private Practice: **Jeff Ford** OT Reg. (Ont.) | **Joanne Romas** OT Reg. (Ont.)

CCAC: **Dorothy Gotzmeister** OT Reg. (Ont.) | **Eric Lee** OT Reg. (Ont.)

Hospital: **Melanie Blake** OT Reg. (Ont.) – Professional Practice Leader | **Andrew Nicholas** BSc (Human Kinetics), MSc (OT), OT Reg. (Ont.) – Professional Practice Leader

Mental Health: **Terri Attwood** OT Reg. (Ont.) – Adult Out-patient Mental Health/ACT Team

Paediatrics: **Kim Woodland** OT Reg. (Ont.) – Matthews House Hospice | **Cathie Kissick** OT Reg. (Ont.) – School Health

Primary Healthcare: **Maria Borczyk** OT Reg. (Ont.) – Family Health Team

Private Practice: **Adam Kucharski** OT Reg. (Ont.)

Respiratory Rehab & Complex Continuing Care: **Anastasiya (Stacey) Sukhina** OT Reg. (Ont.)

Seating & Mobility/Community: **Brenlee Mogul-Rotman** OT Reg. (Ont.)

Are you a student OT? Have you recently graduated? Not quite sure of the of the practice area that resonates best with you or where there may be jobs available? If you answered yes to any of these questions we have a fun, dynamic and knowledge filled conference workshop just for you! Back for its third year – we invite you to attend the ever popular OT “Speed Mentoring” extravaganza! A room full of experts in each practice area available to answer your questions. You will rotate from one OT expert to the next and gain a face-to-face opportunity to speak with leaders in: primary health care, mental health, auto insurance, paediatrics, CCAC, seating & mobility and the hospital sector. We know the leap from student to practicing OT can be a daunting one so let us help and be your guide through this informative and interactive session.



BREAKING BARRIERS

Saturday

September

24th

Afternoon Workshops • 5A - 5F

1:30 pm - 4:45 pm (includes a refreshment break from 3:00 pm – 3:15 pm)

5A Low Vision Rehabilitation and Occupational Therapy: Breaking Down Barriers

Julia Foster MSc (OT), OT Reg. (Ont.) – Inclusive Design Research Centre, OCAD University

Teresa Chien OT Reg. (Ont.)

Colleen McGrath PhD, OT Reg. (Ont.) – Ontario Shores Centre for Mental Health Sciences

Linda Petty OT Reg. (Ont.) – AccessAbility Services, University of Toronto Scarborough

Debbie Hebert BSc (OT), MSc.(Kin) – Toronto Rehabilitation Institute, Department of Occupational Science and Occupational Therapy, University of Toronto

Many Canadians with low vision experience many barriers to occupational participation and engagement, such as social isolation, clinical depression, increased risk of falls, and difficulty with daily activities. Occupational therapists frequently work with clients with vision loss. Of the number of Canadians reporting difficulties with seeing in 2006, 95.5% indicated comorbid difficulties. A more recent Statistics Canada survey in 2012 identified the highest comorbidities being pain, flexibility, and mobility-related disabilities. As many eye conditions are age-related, the current demographic shift towards an aging population will lead to an increased incidence of age-related visual conditions alongside concurrent medical conditions leading to vision loss (e.g. stroke) warranting a significant need for vision rehabilitation services. Vision rehabilitation services in Canada have not kept pace with this need. Less than 30% of people who could benefit are referred to, or receive low vision rehabilitation services. Occupational therapists are well positioned to be core members of vision rehabilitation teams, working alongside those currently providing low vision services. However, many OTs experience barriers due to lack of advanced training, or experience conducting assessments and formulating strategies specific to low vision. This interactive workshop will review the current state of occupational therapy and low vision rehabilitation and focus on building capacity of participants to support clients with low vision. Participants will rotate through various stations to engage in experiential learning, build assessment skills, trial adaptive aids and technologies, apply vision rehabilitation strategies to case scenarios, and establish practices for collaborating with other vision rehabilitation team members. **OBJECTIVES:** participants will be able to identify current best practices guidelines for low vision rehabilitation; will review and apply low vision rehabilitation strategies and devices to case scenarios; and be able to articulate ways in which occupational therapists can work with other low vision rehabilitation professionals and contribute to the health of those with vision loss.

5B Leaping Dementia Communication Barriers Using a Positive Physical Approach

Deb LeBlanc CTDP, OT Reg. (Ont.) – Preferred Health Care Services

Deirdre Thornton OT Reg. (Ont.) – Sun Life Financial

As the number of people diagnosed with dementia skyrockets over the next decade, occupational therapists are uniquely positioned to assist clients and caregivers with communication difficulties – a huge barrier to quality of life. The Positive Approach to Care is a leading edge, evidence based practice that was developed by Teepa Snow, a world renowned dementia expert and occupational therapist. This workshop will introduce the Positive Physical Approach as well as a coaching model where participants can take information learned and pass it along to clients and caregivers. Participants will have the opportunity to experience the visual processing changes of dementia and how this impacts communication. They will also be able to practice different types of physical approach through simulated situations and active coaching. At the end of the session, participants will have a toolkit of simple, practical, hands-on skills that can be used immediately. Be prepared for a highly interactive and hands-on experience that will assist you with leaping the potential communication barriers associated with dementia. **OBJECTIVES:** participants will be able to describe changes in visual processing that impact a person's ability to communicate when dementia is present; will be able to demonstrate the Positive Physical Approach in simulated situations with coaching support; and be able to apply a coaching model to promote transfer of skills to others in simulated situations.

5C Building Psychological Resilience Through Intentional Activities: New Strategies for Occupational Therapists

Rachel Thibeault PhD, FCAOT, OC – Faculty of Health Sciences, University of Ottawa

This workshop will cover the most recent research on resilience from the fields of psychology, neuroscience and occupational therapy. Drawing from the works of specialists such as Martin Seligman, Richard Davidson, Richard Hanson and Mathieu Ricard, it will highlight how adequate emotional regulation, specific positive attitudes and intentional activities, as defined by Lyubomirsky and colleagues, shape an individual's potential for psychological resilience. A brief look at the impact of genetics and life circumstances will complete the theoretical backdrop. Through exercises and real-life stories of individuals who have demonstrated remarkable resilience and post-traumatic growth, participants will then explore 5 low-cost, accessible and user-friendly strategies for resilience and well-being that are occupation-based and applicable to themselves and their clients. This workshop proposes innovative, emerging practices and is rooted in evidence-informed practice and research. **OBJECTIVES:** participants will be able to name and define the key elements underlying psychological resilience and post-traumatic growth; identify the occupational and cognitive strategies conducive to psychological resilience and post-traumatic growth and associate them with their neurological correlates; and identify the steps of adequate emotional regulation.



BREAKING BARRIERS

Saturday

September

24th

Afternoon Workshops • 5A - 5F continued

1:30 pm - 4:45 pm (includes a refreshment break from 3:00 pm – 3:15 pm)

5D Universal Design for Learning: School-based Occupational Therapy Service in a Tiered Model

Debra Kennedy MRSc, BSc (OT), OT Reg. (Ont.) – York Region District School Board

Cathie Kissick OT Reg. (Ont.) – Communicare Therapy

Kim Woodland OT Reg. (Ont.) – Matthews House Hospice

Patti McGillivray OT Reg. (Ont.) – District School Board of Niagara

Debra Stewart MSc, OT Reg. (Ont.) – CanChild Centre for Childhood Disability Research

The Special Needs Strategy Program Guidelines has outlined a tiered model of service that includes “universal services”. The concepts for universal services are derived from Response to Intervention models that recognize that some supports are good for all, i.e. universal, while others are essential for some. Historically, occupational therapy service delivery models have focused on individual student performance - those that are “essential for some”. However, OTs also have unique knowledge that can support educators to develop classroom strategies that are - “good for all”. This session will examine a tiered model of services with a focus on universal services, will provide participants with opportunities to share strategies that are effective in a universal model of service, and will explore skills needed by OTs to deliver services that are in alignment with the implementation of the Special Needs Strategy. **OBJECTIVES:** participants will: be inspired by the evidence regarding the effectiveness of school-based occupational therapy; learn about the tiered model services for school-based OT with a focus on collaborative practice; and will be energized by the role of OT as a collaborative partner with educators to support students.

5E Breaking the Barrier of Starting Your Own Private Practice – The Nuts and Bolts of Getting Started and Making it Sustainable

Andrea Duncan BSc (OT), MBA, OT Reg. (Ont.) – University of Toronto

Times are changing in Ontario's health care and social services sectors. Funding is decreasing and our clients' needs are increasing. There is an ever-expanding gap, and as occupational therapists we know we can fill it. But we have so many questions. How do I maintain regulatory standards with my documentation now that I am out on my own? How do I access funding? Should I incorporate my business? How do I build a strong supportive network? What do I do to create a powerful marketing campaign while maintaining strong ethical practice? Do I need a business plan? How do I even get started? These and other questions will be explored and answered. Examples of other occupational therapists who have had challenges and successes will be shared. There will be an opportunity to practice your “pitch”. Bring your questions and leave with a package of tools and resources. Together we'll break down the barriers of getting your private practice off the ground. **OBJECTIVES:** participants will describe their occupational therapy service to a targeted audience; will understand the essential ethical and regulatory obligations while maintaining your own private practice; will develop a plan for starting or growing their private practice; and will take away tools & resources to support their career in private practice.

5F New Grad Panel... You've Graduated... NOW WHAT!?

Kara Ronald BA, BSc OT, MEd, OT Reg. (Ont.) – Deputy Registrar, College of Occupational Therapists of Ontario

Laura Stanley OT Reg. (Ont.) – Providence Care - New Graduate

Dara Maroccia – Manager, Employee Relations - Trillium Health Partners

Barbara Cawley OT Reg. (Ont.) – Vice President, Client Relations - VHA Rehab Solutions

Melanie Blake OT Reg. (Ont.) – Professional Practice Leader - Trillium Health Partners

We're hoping the title says it all! Congratulations – you've graduated from a very worthy and accredited program, Occupational Therapy, or you're about to graduate... and now what? With today's competitive job market, the constantly changing policies and priorities of the provincial government and the evolving & advancing role of OT, how do YOU stay current... stay inspired? How do you search for and secure a job? How do you make a difference not only in the lives of your clients, but gain job satisfaction and feel like you're contributing to the promotion of the profession of occupational therapy at the same time? That's a tall order! But... there's help! Join us for an expert panel of inspiring individuals who have asked those same questions and have much knowledge and information to share, Panelists:

- will share experiences as new graduates seeking employment – both the highs and the lows!
- will share their approaches and insights into interviewing and hiring OTs!
- review your resume to determine if you would be a 'good fit' at their organization
- provide you with standards of practice, resources and much more!
- support you in your practice – with day to day clinical questions, managing relationships and much more!
- will provide lots of time for Q & A!

We hope you'll take advantage of this opportunity for you as a student or new graduate to have your questions answered and to help you on your way to looking for and hopefully finding a job that's right for you. We wish you much success in all your future endeavours!



BREAKING BARRIERS



Delegate Information

For more information click here for the [OSOT Conference page](#)

YOUR FULL CONFERENCE FEES INCLUDE

Workshop program; exhibit hall access; poster hall access; keynote address (Friday); two speakers for the keynote address (Saturday), AGM luncheon (Friday only); Friday evening exhibit hall reception; refreshment breaks, breakfast and lunch in exhibit hall (Saturday); printed materials; and unlimited opportunities to network!

GENERAL INFORMATION

Please note you are **required** to select both your first & second choices for workshops. All first choices will be provided on a first come, first served basis, space permitting. Certificates of workshop participation will be available after the Conference in conjunction with the on-line evaluation process, via your member/registration profile. Copies of all presentations, for which we have presenter permission, will be sent to delegates via a link to dropbox, following conference.

CANCELLATION/SUBSTITUTION POLICY

Cancellations will be refunded less \$50.00 administration fee with notice of cancellation being received at osot@osot.on.ca no later than September 11, 2016. Workshop substitutions may be requested, however notice must be received by osot@osot.on.ca no later than September 4, 2016; OSOT cannot guarantee accommodation of substitution requests. OSOT reserves the right to cancel this conference and/or workshop(s) due to unforeseen circumstances and will be responsible for refunding of conference registration fees only.

SPECIAL NEEDS

If you have special needs related to dietary or accessibility requirements, please indicate these on the registration form. Please note OSOT will do the best to accommodate dietary requests however cannot guarantee it. Substitution fees maybe required. **Same day/on-site dietary requests are subject to fees as determined by the venue staff and delegates will be solely responsible for payment of these on-site.**

CONSENT TO USE OF PHOTOGRAPHIC IMAGES

Registration and attendance in OSOT Conference 2016 constitutes a consent of the registrant for the Ontario Society of Occupational Therapists to use the registrant's unidentified image in photographs. Should you not consent to the use of your photograph please indicate so on your conference registration form.

PRIVACY STATEMENT

Registration information is collected to process registrations and payments for educational events, correspond with registered delegates, and to publish delegate list for event participants. If you do not wish to have your registration information published on a delegate list to be shared with event participants please indicate this on your conference registration form.

REGISTER ONLINE TODAY AT: osot.on.ca

Delegates are strongly encouraged to use the **online registration & secure payment** option! The on-line registration process allows delegates to immediately submit their registration, use their credit card information for payment (credit card numbers are not stored electronically), and receive an immediate confirmation of their payment by means of a credit card receipt and a confirmation email showing their registration has been received.

TRAVELLING TO THE CONFERENCE

Registered delegates can utilize the following promotional travel codes if required:

AIR CANADA – Book online at www.aircanada.com and use promotional code **QNK8UBQ1**.

WEST JET – Book online at westjet.com and use the discount code **MJ9NKWL**

If booking with a Travel Agent, please use promo Code **YYZ02** AND coupon code **MJ9NKWL**

VIA RAIL – Visit www.viarail.ca and follow these instructions: You have to log in to your profile, or create one prior to booking. On the Passenger information screen, select "Convention fare" from the "Discount Type" drop-down menu, and enter the discount code for your convention or event in the "Discount code" field. Use code **13347**. The conference fare will be shown on the next page.

Not an OSOT member?

Join today and **SAVE** on both your **MEMBERSHIP** and **CONFERENCE 2016 FEES!**

Join as a **NEW MEMBER** for 2016/2017, **save 50%** on your annual OSOT membership fee AND take advantage of the **LOW MEMBER CONFERENCE RATES – it's like getting your OSOT membership for FREE!**

Give yourself a GREAT Conference learning experience AND access to continued professional support and resources ALL YEAR LONG!

JOIN BEFORE YOU REGISTER FOR CONFERENCE FOR SAVINGS BENEFITS!

To take advantage of this promotional offer contact **John Crawford** Manager, Member Services, by email at jcrawford@osot.on.ca

We look forward to welcoming you to Conference... and to OSOT Membership!



BREAKING BARRIERS



Conference Rates

For more information click here for the [OSOT Conference page](#)

Conference fees are in Canadian dollars | 13% HST is additional

Full Conference Fee

September 23 & 24

Early Bird | on or before September 1

OSOT Members **\$440**

Non-members * **\$565**

Student/New Graduate Members **\$280**

*Reminder: Student & New Graduate Membership is complimentary

Regular | after September 1

OSOT Members **\$540**

Non-members * **\$665**

Student/New Graduate Members **\$330**

*Reminder: Student & New Graduate Membership is complimentary

Daily Rates

Fee per day

Early Bird | on or before September 1

OSOT Members **\$290**

Non-members * **\$350**

Student/New Graduate Members **\$190**

*Reminder: Student & New Graduate Membership is complimentary

Regular | after September 1

OSOT Members **\$330**

Non-members * **\$390**

Student/New Graduate Members **\$240**

*Reminder: Student & New Graduate Membership is complimentary

Register ONLINE Today!

[CLICK HERE](#)

Student/New Graduate Special Program

Saturday, September 24
4F and 5F ONLY

Students/New Graduates **\$90**
(see page 6)

* **SAVE up to \$200** – see page 18 for Conference Membership Special!

Accommodations

Extend your OSOT 2016 experience and stay at the ...



Hilton Mississauga /Meadowvale

6750 Mississauga Road
Mississauga, Ontario
L5N 2L3, Canada
1-905-821-1981

Rates: Standard Guestrooms - 2 Double Beds
\$129.00 CDN + taxes

Reservations: To book your Hilton Mississauga / Meadowvale Hotel reservation, [CLICK HERE](#) and quote the Group Name – **OSOT Conference 2016**

Don't be disappointed ... book NOW to reserve your room!

All hotel reservations are the responsibility of the delegate.

A small block of rooms has been reserved at the HILTON MISSISSAUGA/MEADOWVALE until **AUGUST 29, 2016**.

Should this block be filled please visit: www.discovermississauga.ca for more options.



Name _____

OSOT Member # _____ Not a Member? (see page 18)

Home Address _____

City _____ Province _____ Postal Code _____

Employer Name _____ City _____

Phone _____ Fax _____

Email (REQUIRED) _____

Please note any special dietary / accessibility requirements:

We will make every effort to accommodate your dietary needs, however there may be additional charges for special orders. Please contact osot@osot.on.ca for further details.

- I do not consent to the use of my registration information as outlined in the privacy statement.
- I do not consent to the use of photographic images taken of myself at Conference 2016.

OR Access SECURE ON-LINE REGISTRATION including Mastercard or Visa payment

**Register
ONLINE
Today!**



PRINT AND COMPLETE THIS FORM AND SEND IT USING ONE OF THE FOLLOWING OPTIONS: CREDIT CARD information must be included

FAX
416-322-6705

MAIL
OSOT
55 Eglinton Ave. East,
Suite 210
Toronto, ON
Canada M4P 1G8

Workshop Session Choices

It is anticipated that interest in some sessions may exceed available seating. Please indicate your **FIRST** and **SECOND** choices with # and **LETTER**.

FIRST Choice 1A	SECOND Choice 1C
------------------------------	-------------------------------

Friday, September 23

1A – 1F 1st choice _____ 2nd choice _____

2A – 2F 1st choice _____ 2nd choice _____

3A – 3F 1st choice _____ 2nd choice _____

Saturday, September 24

4A – 4F 1st choice _____ 2nd choice _____

5A – 5F 1st choice _____ 2nd choice _____

SUMMARY OF PAYMENT OWING | Fees shown on previous page

CONFERENCE FEES:

FULL Conference Registration Fee \$ _____ (includes Friday and Saturday Program)

DAILY Conference Registration Fee \$ _____ Friday, September 23
\$ _____ Saturday, September 24

Student/New Graduate Special Program \$ _____ Saturday, September 24 (**ONLY**)

SOCIAL EVENT:

Friday Evening \$ _____ # of tickets ____ X \$45.00 per person

NOTE: All tickets to the FRIDAY SOCIAL are ordered separately and must be pre-paid.

SUB TOTAL: \$ _____

+ 13% HST
HST #104002092 \$ _____

TOTAL PAYMENT OWING: \$ _____

Please check one of the following:

- OSOT Member
 Non Member
 Student / New Graduate

NOTE: REGISTRATION will NOT be processed until both REGISTRATION FORM and FULL PAYMENT are received at OSOT office.

CONFIRMATION OF RECEIPT OF REGISTRATION:

Registrants will receive confirmation by email (or mail if email not available) within 10 days of registering for OSOT 2016. If you have not received confirmation within 10 days from when registration form was mailed or faxed, contact the OSOT office at: osot@osot.on.ca or 416-322-3011

PLEASE COMPLETE THIS SECTION – if not attending the conference but would like to attend the:

- Annual General Meeting** 12:45 - 1:30 pm **AGM + Lunch** 12:00 - 1:30 pm
No charge for OSOT members FEE enclosed **\$56.50** (HST included)

PAYMENT OPTIONS

Cheque – made payable to “OSOT” | **NO POST DATED CHEQUES** - \$30.00 administration fee will be charged on all NSF cheques

Card # _____ 3 digit CCV number _____
Expiry Date _____ on back of card _____

Credit Card Holder Name _____

Signature _____

